

# Your multidisciplinary team (MDT) for hepatobiliary and pancreatic cancer

Information for patients

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Hepatobiliary & Pancreatic Services

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## Introduction

The aim of this booklet is to give you information about the multidisciplinary team (MDT) that is involved in your care during and following your diagnosis of a hepatobiliary cancer. These cancers include:

- pancreatic cancer
- ampullary cancer
- bile duct cancer / cholangiocarcinoma
- gall bladder cancer
- duodenal cancer.

The team of health professionals looking after you is known as the multidisciplinary team, or MDT.

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

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## Your MDT

The MDT consists of health professionals who have vast experience in diseases of the liver, pancreas, gall bladder and bile duct system, and includes:

**Consultant surgeon:** a doctor who specialises in operating on the liver, pancreas, gall bladder and bile duct system.

**Oncologist:** a doctor who specialises in the treatment of cancer.

**Radiologist:** a doctor who understands and interprets any scans or X-rays you have had.

**Histopathologist:** a doctor who studies body tissue removed during surgery or from a biopsy. This enables the team to diagnosis the type and extent of the problem and also helps when planning further treatment that may be required.

**Hepatologist:** a doctor who specialises in diseases of the liver.

**Palliative care doctor:** specialises in cancer and palliative care. Provides emotional support and help with the control of symptoms.

**Clinical Nurse Specialists (CNS):** your CNS (key worker) can provide support, advice and information about your cancer. Your key worker can explain the treatments available to you and can discuss any concerns you may have. They will act as a link between you and the rest of the team, continuing to support you before, during and after your treatment.

Contact details for the CNS team are on the back of this booklet. Your key worker is knowledgeable about your form of cancer and can help you with any questions, concerns or problems you have.

**Macmillan Pancreatic Cancer Dietitian:** provides nutritional support and advice to patients with cancer.

**MDT co-ordinator:** an administrator who ensures the smooth running of the MDT meetings.

## What happens at the MDT meeting?

The MDT is there to ensure that each patient is given the same high standard of care, and has the most appropriate investigations and treatment, no matter who their GP is or which hospital they attend.

The MDT meetings are held every Monday afternoon, except Bank Holidays. During the meeting, your healthcare team will look at your medical history and any relevant tests, scans etc that you have had. As a team, they will decide on the best treatment plan for you, taking into account the type of cancer you have, your general health and any other relevant issues. Your team may decide that you need to have further tests or be referred to other members of the healthcare team.

A member of the team will discuss your treatment plan with you. This will usually be at your out-patient appointment, or may be by telephone, if you have agreed to being contacted by telephone. Your GP will be informed of the MDT discussion by letter. You will receive copies of letters written by one health professional to another in relation to your illness and care, following each hospital visit.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل  
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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