

# Your Multidisciplinary Team (MDT) for Colorectal Cancer

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## The multidisciplinary team (MDT)

The team of health professionals looking after you is known as the multidisciplinary team, or MDT.

# Healthcare professionals who may be part of your MDT

**Colorectal consultants** - these are the doctors in charge of your care, experienced specialists in their field.

**Hepatobiliary consultant**—a specialist in his or her field, to give an opinion in their area of expertise.

**Oncologist** - a doctor who specialises in the treatment of cancer.

Radiologist - a doctor who understands and interprets any scans or x-rays you have had.

**Histopathologist** - uses specialised equipment to examine any tissue removed during biopsy/surgery. This enables the team to diagnosis the type and extent of the problem and also helps when planning further treatment that may be required.

**Clinical nurse specialist (CNS)** / **specialist sister** (also known as your key worker) - can provide support, advice and information about your cancer. They can explain the treatments available to you and can discuss any concerns you may have. The CNS will be a link between you and the rest of the team, supporting you before, during and after your treatment.

**CNS** from the Bowel Screening Team– similar role to the above nurse, for those patients diagnosed through the Bowel Screening Programme.

**MDT navigator** - an administrator who ensures the smooth running of the MDT meetings.

Other members of your health care team may be present at the MDT meeting as necessary.

## Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk



## What happens at the MDT meeting?

The MDT meets weekly to ensure that each patient is given the same high standard of care, and has the most appropriate investigations and treatment, no matter who their GP is or which hospital they attend.

During the meeting, your healthcare team will look at any relevant tests, scans etc that you have had. As a team, they will decide on the best treatment plan for you, based on the results of these tests, taking into account the type of cancer you have, your general health and any other relevant issues. This will ensure a holistic approach to any decision-making. Your team may decide that you need to have further tests or be referred to other members of the healthcare team.

# How will I find out the outcome of the MDT meeting?

A member of the team will discuss your treatment plan with you. This will usually be at your out-patient appointment, or may be by telephone, if you have agreed to being contacted by telephone.

You will receive a copy of the clinic letter through the post.

## Sources of information and support

### **Macmillan Information and Support Centre**

Osborne Building, Leicester Royal Infirmary, LE1 5WW

Opening hours:	Monday to Friday 9.30 am to 4.30 pm
Telephone:	0116 258 6189
Email:	cancerinfo@uhl-tr.nhs.uk
Website:	www.leicestershospitals.nhs.uk/cancerinfo

### **Macmillan Cancer Support**

Freefphone: 0808 808 00 00 Website: www.macmillan.org.uk

### **Cancer Research UK**

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Freephone:	0808 800 4040
Website:	www.cancerresearchuk.org

اگر آپ کو یہ معلومات کسـی اور زیان میں درکار ہیں، تو براہِ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔ علی هذه المعلومات بلغة أخری، الرجاء الاتصال علی رقم الهاتف الذي یظهر في الأسفل જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હ્રોચ, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ `ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ। Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk

Leicester's Hospitals is a research active trust so you may find research happening on your ward or in your clinic. To find out about the benefits of research and become involved yourself, speak to your clinician or nurse, call 0116 258 8351 or visit www.leicestersresearch.nhs.uk/ patient-and-public-involvement