

# Your Multidisciplinary Team (MDT) for Colorectal Cancer

Cancer Services

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Information for patients

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## The multidisciplinary team (MDT)

The team of health professionals looking after you is known as the multidisciplinary team, or MDT.

## Healthcare professionals who may be part of your MDT

**Colorectal consultants** - these are the doctors in charge of your care, experienced specialists in their field.

**Hepatobiliary consultant**—a specialist in his or her field, to give an opinion in their area of expertise.

**Oncologist** - a doctor who specialises in the treatment of cancer.

**Radiologist** - a doctor who understands and interprets any scans or x-rays you have had.

**Histopathologist** - uses specialised equipment to examine any tissue removed during biopsy/surgery. This enables the team to diagnosis the type and extent of the problem and also helps when planning further treatment that may be required.

**Clinical nurse specialist (CNS) / specialist sister** (also known as your key worker) - can provide support, advice and information about your cancer. They can explain the treatments available to you and can discuss any concerns you may have. The CNS will be a link between you and the rest of the team, supporting you before, during and after your treatment.

**CNS from the Bowel Screening Team**— similar role to the above nurse, for those patients diagnosed through the Bowel Screening Programme.

**Palliative care nurse or doctor** - professionals who specialise in cancer and palliative care. Provide emotional support, information and help with the control of symptoms.

**MDT navigator** - an administrator who ensures the smooth running of the MDT meetings.

Other members of your health care team may be present at the MDT meeting as necessary.

Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)

## What happens at the MDT meeting?

The MDT meets weekly to ensure that each patient is given the same high standard of care, and has the most appropriate investigations and treatment, no matter who their GP is or which hospital they attend.

During the meeting, your healthcare team will look at any relevant tests, scans etc that you have had. As a team, they will decide on the best treatment plan for you, based on the results of these tests, taking into account the type of cancer you have, your general health and any other relevant issues. This will ensure a holistic approach to any decision-making. Your team may decide that you need to have further tests or be referred to other members of the healthcare team.

## How will I find out the outcome of the MDT meeting?

A member of the team will discuss your treatment plan with you. This will usually be at your out-patient appointment, or may be by telephone, if you have agreed to being contacted by telephone.

You will receive a copy of the clinic letter through the post.

Your GP will be informed of the MDT discussion by letter

## Sources of information and support

### Macmillan Information and Support Centre

Osborne Building, Leicester Royal Infirmary, LE1 5WW

Opening hours: Monday to Friday 9.30 am to 4.30 pm

Telephone: 0116 258 6189

Email: [cancerinfo@uhl-tr.nhs.uk](mailto:cancerinfo@uhl-tr.nhs.uk)

Website: [www.leicestershospitals.nhs.uk/cancerinfo](http://www.leicestershospitals.nhs.uk/cancerinfo)

### Macmillan Cancer Support

Freephone: 0808 808 00 00

Website: [www.macmillan.org.uk](http://www.macmillan.org.uk)

### Cancer Research UK

Freephone: 0808 800 4040

Website: [www.cancerresearchuk.org](http://www.cancerresearchuk.org)

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਸਿ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email [equality@uhl-tr.nhs.uk](mailto:equality@uhl-tr.nhs.uk)