

Advice after an endoscopic retrograde cholangio-pancreatography (ERCP)

Endoscopy Department
Information for Patients

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If you have had local anaesthetic throat spray:

You must not eat or drink anything for 45 minutes. This is because your throat will be numb. There is a risk of you choking.

Do not eat or drink until:

If you have had sedative medicine:

For 12 hours you should:

- be accompanied by a responsible adult.

For 24 hours:

- **Do not** drive a car or ride a bicycle.
- **Do not** drink alcohol.
- **Do not** operate any machinery or do anything which needs skill or judgement.
- **Do not** make important decisions or sign any documents.
- **Do not** climb ladders.
- **Do not** return to work until after this period of time.

General advice

- Go home and rest.
- Rest your throat for the day. It may feel sore.
- You may feel a little bloated. This will pass.
- If you have any concerns, please contact your GP or the Endoscopy Department you attended (Monday to Friday, 8am to 6pm).

Go to your nearest Emergency Department right away if you:

- have really bad tummy (abdominal) pain.
- have really bad chest pain.
- are vomiting blood or passing red or tarry black poo (stool).
- have a fever with or without shivering.
- and are taking immunosuppressant drugs like steroids, azathioprine, cyclophosphamide and methotrexate (or any immunotherapy agents / chemotherapy medications).

Endoscopy Department contact details

Leicester General Hospital:	0116 258 4183
Leicester Royal Infirmary:	0116 258 6997
Glenfield Hospital:	0116 258 3130
Hinckley and District Hospital:	0145 544 1970
Loughborough Hospital:	0150 956 4402
Melton Mowbray Hospital:	0166 485 4904
St Lukes Hospital Market Harborough:	0185 844 8344

If the department is closed and your GP is unavailable, please call the **NHS helpline on 111** or Ward 35/ 36 at Glenfield Hospital on **0116 258 4646** or **0116 258 4623**.

Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice
Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals.
To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
 ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
 إذا كنت ترغب في الحصول على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
 Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu
 જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કપા કરી ટેલિફોન કરો.

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net

We are a research hospital and you may be asked to take part in research