

Having a patency capsule test - instructions after swallowing the capsule

Department of Endoscopy
Information for Patients

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You are having a patency capsule test. More information about this is in leaflet 888 'Having a patency capsule test as a trial run before a capsule endoscopy'. Please scan the QR code.



What happens after I swallow the patency capsule?

- 2 hours after swallowing the capsule you can have clear fluids (like water, black tea, black coffee, orange or lemon squash, Lucozade).
Clear fluids are allowed at (time to be entered by nurse): _____
- You can have a small low fibre meal 4 hours after swallowing the capsule.
A small low fibre meal/ snack is allowed at (time to be entered by nurse): _____
- After 5pm you can eat and drink as normal.
- Do not lie down through the day. Keep relatively active with plenty of walks.

What happens the next day?

29 hours after you have swallowed the capsule you need to go to the X-ray Department at Windsor building level 1. The capsule starts to dissolve after 30 hours, so you need to return by 29 hours to make sure you have the X-ray taken in time.

The X-ray should be completed by (time to be entered by nurse): _____

- The patency capsule starts to dissolve 30 hours after it is swallowed, so an X-ray needs to be taken before this time.
- Do not panic if you do not see the capsule pass when you go to the toilet.
- If you do not see the capsule pass, it will usually dissolve on its own.
- A doctor (gastroenterologist) will look at your X-ray after your procedure. If we are not entirely satisfied that the capsule has passed all the way through the small bowel you will be contacted and seen in clinic.
- If we are certain the capsule has passed into your large bowel with no concerns, we will contact you to organise an appointment for your capsule endoscopy procedure.

What do I need to look out for?

There is a small chance of the capsule getting stuck in your body. This can lead to:

- feeling sick (nausea)
- vomiting
- stomach (abdominal) pain

Very rarely this can lead to a hole in the tissue (perforation) which could need surgery.

Please call the endoscopy unit if you get these symptoms before the capsule is passed.

Contact details

Endoscopy Department on 0116 258 6997 / 0116 258 6995 (Monday to Sunday, 8.30 am to 5.30 pm).

You can contact the NHS helpline on 111 for advice.

Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice
Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals.

To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸے دوسرے زبان میں چاہتے ہو، تو 'ਵਿਰਧਾ' ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
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If you would like this information in another language or format such as EasyRead
or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net

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