

Advice after a colonoscopy

Endoscopy Department
Information for Patients

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If you have had sedative medicine:

For 12 hours you should:

- be accompanied by a responsible adult.

For 24 hours:

- do not drive a car or ride a bicycle.
- do not drink alcohol.
- do not operate any machinery or do anything which needs skill or judgement.
- do not make important decisions or sign any documents.
- do not climb ladders.
- do not return to work until after this period of time.

General advice

- Go home and rest.
- You may eat and drink as normal.
- You may feel a little bloated with wind pains for the rest of the day. These usually settle quickly; if not contact your GP.
- You may have mild diarrhoea for up to a week. If you have any bleeding that lasts longer than 2 days, please contact your GP.

Buscopan

As part of your examination, you may have been given a drug called Buscopan. This medicine helps to relax the muscles of the bowel so we can get clearer views during your examination.

Possible side effects of Buscopan

Eye pain

Rarely, patients who have had Buscopan may get pain in their eyes. If you have any pain in your eyes in the next 24 hours, please go to your nearest Eye Casualty right away. Tell the doctor that you have had an injection of Buscopan.

In Leicester, the Eye Casualty Department is at Leicester Royal Infirmary. It is open:

- Monday to Friday, 8:30am to 4:30pm
- Saturday, Sunday and Bank holidays, 8:30am to 12:30pm

For emergencies outside of these times, you can go to the main Emergency Department. You will be referred to the on-call eye team if needed.

If you are not sure if you need to go to Eye Casualty, you can call the NHS helpline on 111 or call Eye Casualty on 0116 2586273.

Blurred vision

Buscopan can cause the muscles of your eyes to become relaxed as well as the muscles of the bowel. This may cause blurred vision in some patients. If your vision is blurred, this usually only lasts for a short time. You will not be able to drive until your eyesight returns to normal.

Dry mouth

Buscopan may cause you to have a dry mouth. This will not last long.

When to seek help

Go to your nearest Emergency Department right away if you have any of the following. This is very important if you are taking immunosuppressant drugs for example steroids, azathioprine, cyclophosphamide or methotrexate:

- Severe tummy (abdominal) pain.
- Significant tummy (abdominal) pain on your left side.
- Shoulder pain on your left side.
- A lot of bleeding from your bottom.
- A fever with or without shivering.

Endoscopy Department contact details

Leicester General Hospital: 0116 258 4183

Leicester Royal Infirmary: 0116 258 6997

Glenfield Hospital: 0116 258 3130

Hinckley Community Diagnostic Centre: 0116 502 1614

Loughborough Hospital: 01509 564406

Melton Mowbray Hospital: 01664 854904

St Luke's Hospital Market Harborough: 01858 448344

If the department is closed and your GP is not available, you can contact the NHS helpline on 111 or ward 42 at Leicester Royal Infirmary on 0116 258 6284 or 0116 258 6374

Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice

Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals.

To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸے دوسرے ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
إذا كنت ترغب في الحصول على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો.

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net

We are a research hospital and you may be asked to take part in research