

# Having an emergency review in ESAC (Emergency Surgery Ambulatory Clinic)

## Gastrointestinal Surgery

Information for Patients

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### What is the ESAC?

This is a dedicated clinic for adult patients who need an emergency review by a member of the general surgical team, but can wait until the next morning.

### Where and when is my appointment?

The clinic is based in the Triage area, Ward 16 (Surgical Assessment Unit) Level 5 Balmoral Building, Leicester Royal Infirmary. Your appointment will take place on:

**Date:**

**Time:**

### What happens at the appointment?

You will have your temperature, pulse and blood pressure taken. You will then be seen and examined by a consultant surgeon. After this assessment, you may need further tests such as blood tests or an ultrasound or CT scan. Some patients can have a management plan created without the need for further tests.

Depending on what tests or treatment you need you may be at the hospital for several hours. You may need to stay for most of the day or be admitted to the ward. We will talk to you about this during your assessment.

- You might like to bring a few personal items in case you do need to stay in hospital.
- Please bring a list of all your regular medication with you.

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)

## Will I be admitted to hospital?

For most of the patients referred to this clinic we aim to see, diagnose and treat you without a hospital admission. However, your clinical condition may mean that a hospital admission is the safest option.

## What if I need a scan?

If you need an ultrasound scan after your assessment, you will have this in our Radiology Department. Sometimes there may be a wait for your scan. Most of our radiology leaflets are available here: [www.yourhealth.leicestershospitals.nhs.uk/library/csi/imaging](http://www.yourhealth.leicestershospitals.nhs.uk/library/csi/imaging).

## Can I eat or drink before my appointment?

Please **do not have anything to eat** the morning of your appointment. You can drink water and also take your regular medication and painkillers if needed.

## Can I bring someone with me?

Yes, coming into hospital can be a worrying experience and we understand that bringing a friend or relative with you can help. Due to the need to protect privacy and dignity of other patients and meet same-sex accommodation requirements they may be asked to leave at certain times.

## What if things change before my appointment

If you feel you need further advice or to be seen sooner than your scheduled appointment, please contact:

- Triage Area, Ward 16 (Surgical Assessment Unit) via the main switchboard on **0300 303 1573** and ask for extension **17466** between 8am and 8pm Monday to Sunday.
- Or Ward 16 (Surgical Assessment Unit) on **0116 258 5332** or **258 7513** at any time.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email [equality@uhl-tr.nhs.uk](mailto:equality@uhl-tr.nhs.uk)