Caring at its best

University Hospitals of Leicester

Letting us know if you have a change to your health before your surgery

Pre-operative Assessment	Last reviewed:	January 2024
	Next review:	January 2027
Information for Patients	Leaflet number:	208 Version: 3

Introduction

Following your assessment before your planned surgery, it is important that you remain well in the weeks and days before your procedure. This is to reduce the risks of any problems during surgery and so you have a better recovery.

When should I contact my pre-operative assessment team?

If you are unwell or your health changes it is important that you get advice before you come into hospital. Please contact a member of your pre-operative assessment team using the contact details on the next page, if you:

- are unwell such as a cold, cough, diarrhoea and vomiting, or your health changes.
- you test positive for COVID whether you have symptoms or not.
- have urgent medical attention such as attending the Emergency Department or are admitted to hospital.
- visit your GP between now and your admission date.
- are referred for urgent dental treatment such as a dental abscess.
- are referred for a test or surgery for another condition.
- develop cuts, sores, or open areas to your skin.
- have bruising over the place where you are due to have surgery.
- have a change to your medicines or a change to your dosage, or if you start any new medication.
- no longer wish to have surgery or your symptoms have resolved.

Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk



What should I do if I am not well before surgery?

If you are not well it is important that you get medical attention, such as contacting your GP or the NHS helpline on 111.

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You will then need to contact your pre-operative assessment team to tell them of the outcome.

Contact details for your pre-operative assessment team

Telephone number:

LEICESTER'S

اگر آپ کو یہ معلومات کسـی اور زبان میں درکار ہیں، تو براہِ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔ علی هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال علی رقم الهاتف الذي يظهر في الأسـفل જો તમને અન્ય ભાષામાં આ માફિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ `ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ। Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk

Leicester's Hospitals is a research active trust so you may find research happening on your ward or in your clinic. To find out about the benefits of research and become involved yourself, speak to your clinician or nurse, call 0116 258 8351 or visit www.leicestersresearch.nhs.uk/ patient-and-public-involvement