

Your child's X-ray

Department of Radiology

Information for Patients

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Introduction

We have been asked to X-ray your child. If they are old enough please give them this leaflet to read. For younger children, please go through this leaflet with your child so they know what to expect on the day.



Important information for parents and carers

Other children will not be allowed in the X-ray room whilst this test is being done. If you have any other children please make other child care arrangements for the appointment and do not bring them into hospital if possible.

Pregnant mothers will not be allowed to hold their child for an X-ray.

What is an X-ray?

An X-ray is a special kind of photograph of the inside of your body. It uses an X-ray camera that hangs down from the ceiling. When you have an X-ray it is a bit like having your photograph taken. You won't feel the X-ray picture being taken.

How do I get ready for the X-ray?

It will depend on which bit of your body we need to X-ray. We may ask you to change into a gown, or remove clothes that have buttons, metal fastenings or other bits that can show up on an X-ray. Sometimes we may need to ask you to take off jewellery or hair clips and bobbles.

What happens during the X-ray?

Sometimes there might be a student working with our trained staff. If you do not want this you can ask that the student is not there when you have your X-ray.

When you are in the X-ray room we will ask you when your birthday is and where you live.

We will ask you to either standing up, sit down or lie down for your X-ray. It depends on what part of your body we need to take X-ray pictures of.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

We will move the X-ray camera and shine a light on the part of your body that we are taking a picture of. The camera won't touch you. If we are taking a picture of a bit that hurts, we will be very careful, but you may have to move a little.

If you are little your mum, dad or carer may stay with you to help with the picture.

The camera will make a funny noise when it takes the picture, but you will not feel anything. It is like when a photograph is taken. We may have to take more than 1 picture.

It takes less than 15 minutes to have X-rays. This may be longer if we have a lot of X-rays to take. When the pictures have been checked, you can go home.

What are the risks from exposure to radiation in an X-ray test?

The risk of having X-rays is very small. We are all exposed to natural background radiation every day of our lives. This comes from the sun, the food we eat, and the ground. Each X-ray gives a dose on top of this natural background radiation. The risks of radiation are slightly higher for the unborn child, so for some types of X-rays of the abdomen and pelvis we must ask some children aged 10 and over about their periods.

Any questions or concerns about the use of X-rays can be answered at the time of the appointment. We try to keep your child's exposure to X-rays as low as we can.

How do I find out what the results are?

The results will not be given to you straight away. The X-ray pictures will be looked at carefully by the X-ray doctor and they will send the results to the person who wanted you to have the X-ray. Your parents or carers will be told how to get your results.

What if I need to talk to someone?

If you have any questions or concerns, or cannot make the appointment please call the radiology department on **0116 258 8765** and select option 1. Monday to Friday, 9am to 5pm, but not on bank holidays.

Further information

You can watch a video about having an X-ray by scanning this QR code:

Or visit: <https://www.youtube.com/watch?v=qckh1vu3ohE>



اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk