

# Referral to the Soft Tissue Review Clinic for an injury

## Sports and Exercise Medicine

Physiotherapy / Injuries Unit

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### Introduction

The Injuries Unit at the Emergency Department has referred you to the Soft Tissue Review Clinic (STRC). When the STRC gets your referral, a clinician will see if you need an appointment with them. They may think it is best for you to be seen by another service. This can be an appointment with the Physiotherapy department, the Fracture Clinic or your GP surgery. They will make this decision based on:

- your injury
- the results of any test done in the Emergency Department (like an X-ray)
- which service will best help you to recover

### What happens at my appointment?

STRC is based in the Sports and Exercise Medicine Department at the Leicester General Hospital. Clinics run every Tuesday and Wednesday morning.

You will get a date for your appointment when we think it is best to review your injury and when there are appointments available.

At your appointment, we may need to more scans. The Radiography department will contact you with an appointment. You will not have any scans on the day of your appointment in the STRC.

You may get an appointment for STRC by post or by phone. Please know that the number may be withheld if we call.

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.uhleicester.nhs.uk](http://www.uhleicester.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [uhl-tr.informationforpatientsmailbox@nhs.net](mailto:uhl-tr.informationforpatientsmailbox@nhs.net)



## What happens if I do not get a call?

If we have not contacted you by 2 weeks after your Emergency Department visit, please call **0116 258 8296** to ask about your appointment. The clinic is open between 08:30am to 4:30pm, Monday to Friday.

If you have any questions, write them down here to remind you what to ask:

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اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل  
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।  
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email [uhl-tr.equalitymailbox@nhs.net](mailto:uhl-tr.equalitymailbox@nhs.net)