

Having a sedative for therapeutic or diagnostic procedures at the Emergency Department

Adult Emergency Department

Information for Patients

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Why did I need sedation?

You needed sedation to help you stay calm and feel less pain during a difficult procedure in the department.

What is sedation?

Sedation helps you feel sleepy and relaxed. Doctors give you medicine to make this happen. Some common sedation medicines are: **Propofol, Ketamine, Midazolam.**

Even after the medicine wears off, you might still feel some effects while you recover. You were looked after in a safe area while the sedation worked.

What are the side effects to be aware of?

Ketamine:

- Feeling anxious
- Feeling sick or being sick
- Skin rash
- Seeing double
- Muscles may feel more tense
- Acting strangely at first.
- Seeing or hearing things that are not real

Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice

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Propofol:

- Headache
- Feel dizzy, feeling or being sick
- Feel slightly sleepy or tired

Midazolam:

- Feel tired and groggy
- Feel anxious or dizzy
- Slurred speech

Alfentanil / Fentanil / Morphine:

- Feel tired and dizzy
- Dry mouth
- Feel sick or are sick
- Constipation

How should I recover after sedation?

You will stay the department until you feel better. You might need to be moved or sent home. If it is late or you need more time you may stay in our Emergency Decisions Unit. We check for side effects. They usually go away in 1 to 2 hours but can take up to 24 hours.

- Do not drive or lift heavy things today.
- Do not do any strenuous exercise such as running, riding a bike or going to the gym.
- Eat light meals and avoid fizzy drinks. .
- Have someone stay with you at home or check on you later.

Contact details: If you have any worries call **NHS 111** for advice or **999** in an emergency.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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