

Getting supplies of your anti-rejection medicines after a kidney transplant

Renal and Transplant Department

Information for Patients

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Introduction

This leaflet explains how to get supplies of your anti-rejection medicines after a kidney transplant. If you need more information please speak to your transplant pharmacist, doctor or nurse. You can contact them using the telephone numbers given at the end of this leaflet.

This information is also available in a short video format. Use your smart phone to scan this QR code to watch the video.

Alternatively, you can find the video from this link:

<https://vimeo.com/showcase/9053530>



Your anti-rejection medicines protect your kidney transplant and keep it working well. The transplant team will tell you the right amount of medicines to take and make sure that all your medicines work well together.

How do I get my anti-rejection medicines?

When you leave hospital after your kidney transplant, you will be given a supply of your new anti-rejection medicines to take home. Then you will get prescriptions for these medicines from the doctors in the transplant clinic. You will need to take these prescriptions to the pharmacy in the hospital to get your anti-rejection medicines. Your GP will give you all your other medicines.

If you receive certain benefits or have a medical exemption certificate, your medicines will be free. If you pay for your prescriptions, you can buy a prescription pre-payment certificate either online or through your local pharmacy. This may save you money on your medicines.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

Is there a home delivery service?

Yes. Home delivery is a convenient system where the hospital will deliver your anti-rejection medicines to you. Most people choose to have their anti-rejection medicines delivered at home. But, if you prefer, they can be delivered to your place of work, to a neighbour or a relative's home. This service is free.

Or you can choose to collect your anti-rejection medicines from the pharmacy at Leicester's hospitals. You can arrange to collect them from any of our 3 sites.

Who can have home delivery?

Home delivery is available if:

- you take anti-rejection medicines to protect your kidney transplant, **and**
- you come to transplant clinic appointments in Leicester or at Kettering Dialysis Unit.

If you do not live in the Leicester area, you may prefer to see a doctor at your local kidney unit. In this case, you will get your anti-rejection medicines from clinic in Leicester until you are transferred. After you move, your new kidney unit will explain how to get your anti-rejection medicines.

How do I register for home delivery?

The Leicester Kidney Pharmacy Team will register you for home delivery of your anti-rejection medicines. They will speak to you face-to-face in the transplant clinic or on the phone. They will explain how home delivery works and will be happy to answer any questions you have.

If you are happy to join, you need to sign a simple form to agree to have your anti-rejection medicines delivered. If you register on the phone, the form will be posted to you. Please, sign the form as soon as you get it and send it back using the stamped addressed envelope - it's free!

The Kidney Pharmacy Team will only collect the information they need to order and deliver your medicines. All your information will be protected and handled confidentially.

How do I order my next supply?

The Kidney Pharmacy Team will prepare prescriptions for your anti-rejection medicines in advance to make sure you have enough anti-rejection medicines until your next delivery.

Remember to always order your next prescription when you have at least 2 weeks of your anti-rejection medicines left. Getting your next supply in time is very important. If you miss doses you could make rejection of your kidney transplant more likely.

You can order your prescription by:

- **phone:** Kidney Pharmacy Team - 0116 258 8177
- **email:** kidneypharmacyteam@uhl-tr.nhs.uk

If you run out or only have a few days of your anti-rejection medicines left, the Kidney Pharmacy Team will help organise an urgent supply for you. You may need to collect your medicines from the pharmacy at the hospital.

How and when will my anti-rejection medicines be delivered?

When you order your next supply we will give you a date(s) for delivery.

Our drivers from Charnwood Logistics Team will deliver to your chosen address during working hours from Monday to Friday.

If no one is available to sign for delivery, the driver will leave a card with their contact details. You can call them directly to arrange the delivery on a day that is convenient for you. The number for Charnwood Logistics Team is also given in the 'useful contacts' section below.

What do I do if my delivery has not arrived?

If your anti-rejection medicines have not arrived by the agreed delivery date, call the Kidney Pharmacy Team. They will help track your delivery and make sure you have enough anti-rejection medicines to take.

Useful contacts

Kidney Pharmacy Team	0116 258 8177
Charnwood Logistics Team	0116 246 1762
Hospital Pharmacy (TrustMed)	0116 258 4714
Transplant Clinic Co-ordinators	0116 258 8024

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿੱਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk