

Having a scan to look for any blood clots in your lungs (pulmonary embolism)

Respiratory Medicine

Information for Patients

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You have been referred to the Ambulatory pulmonary embolism clinic to make sure you do not have a pulmonary embolism (PE).

The clinic is in the same day emergency care unit (SDEC) at Glenfield Hospital, near the south entrance.

We will call you with an appointment time to come to the clinic. This will be the next working day. If you have not heard from us by midday (12pm), please call the hospital on: **0300 303 1573** and ask to be put through to extension **12231**.

Or call the Clinical Decisions Unit (CDU) on **0116 258 3718**.

What is a pulmonary embolism?

A pulmonary embolism happens when a blood clot, usually from the leg, travels through the body and gets stuck in a blood vessel in the lungs. This causes a blockage to the blood supply.

Symptoms may include

- Breathlessness. This may come on suddenly or slowly.
- Chest pain. This can feel worse when you breathe in.
- Coughing up blood.

These symptoms could be caused by many things. For example, the pain may just be a muscular ache or there could be an infection. We will do tests to see if we can find a cause for your symptoms and start treatment if needed.

Treatment to thin the blood will have been started with either an injection or tablet until you have your scan.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

What tests will I have?

There are 2 types of scans we can do:

1. **Computerised Tomography Pulmonary Angiography (CTPA):** For this scan a dye is injected into a vein in your arm to look at the blood vessels in your lungs. A CT scan works by taking X-rays to create a highly detailed image of the inside of your body.
2. **Ventilation Perfusion (VQ) scan:** In this scan we measure the amount of air and blood flow in your lungs. If there is a part of your lung with air in it but no blood supply, it may be because of a PE.

We will prepare you for your scan and show you where to go. After having the scan you will come back to the PE clinic for the results. We do not know how long your appointment will take but we will keep you updated with what is happening.

You can eat and drink as normal before and after your scan.

If I become unwell at home, what should I do?

A pulmonary embolism can be a serious condition. **Call 111 or the Clinical Decisions if your symptoms get worse:**

- worsening pain
- shortness of breath
- dizziness
- bleeding

Tell them you are being tested for a pulmonary embolism as an outpatient. They will arrange for you to come back to hospital for a check up.

In the event of an emergency call 999.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
علىٰ هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
جو تم نے انہی بحاشام میں آماہیتی جوئیتی ہوئی، تو نیچے اپل نمبر پر کھپا کری ٹیلیفون کرو

ਜे उसीं इह जाणकारी किसे होर भाषा विच चाहुँदे हों, तां किरपा करके हेठां दिले गए नंबर 'ते टैलीफोन करो।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net