

Reviewing your CPAP therapy for obstructive sleep apnoea

Respiratory Physiology Unit

Information for Patients

Produced: February 2023

Review: February 2026

Leaflet number: 1364 Version: 1

What is the review appointment for?

You will already have been given a CPAP machine to use at home. The aim of the review is to see how well you are getting on with the treatment and to deal with any problems you may be having.

What do I need to bring with me?

Please bring with you:

- The CPAP device
- The mains cable
- The tubing and mask
- A partner or carer if you would find this helpful.

What will happen at my appointment?

You will be seen by a Respiratory Physiologist.

- We will switch on the CPAP and see how much you have been using it.
- We will check your mask and tubing.
- You will be asked how you are getting on with the treatment. You will be able to talk about any problems you may be having.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

How long will the appointment take?

This depends on how you are getting on with your treatment. It usually takes between 30 and 45 minutes.

Contact details

If you have any questions or concerns before your appointment please contact the Respiratory Physiology Unit.

To change appointment time or cancel appointment: 0116 258 3420

For enquiries about your appointment or treatment: 0116 258 3419

More information on using the CPAP machine can be found in leaflet 324 Treating obstructive sleep apnoea (OSA) with a CPAP machine.

Available from: yourhealth.leicestershospitals.nhs.uk/library/renal-respiratory-cardiovascular-rrcv/respiratory-physiology/265-obstructive-sleep-apnoea-osa/file

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk