

Admission to the Children's Intensive Care Unit at Leicester Royal Infirmary

Children's Intensive Care Unit

Information for Patients/Carers

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Introduction

Welcome to the Children's Intensive Care Unit (CICU) at the Leicester Royal Infirmary.

We are currently an 8 bedded unit who provide expert care for critically ill children.

CICU provides excellent and innovative critical care for children with a wide range of serious and complex illnesses. We are based on Level 4 of the Balmoral Building, at the Leicester Royal Infirmary.

Visiting

Parents/ carers are allowed to visit their child **24 hours a day**.

We respectfully ask that all other visitors visit during the hours of **8am and 8pm**.

Only **2 visitors** are allowed at a bed space at one time.

Nursing staff on CICU

Each child in intensive care will have a nurse looking after them during their stay, so will have one to one care.



**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

Facilities

- Tea and coffee is available on the unit by cubicle 1. We ask for 30p a cup to be put into the honesty box to cover the cost. A water fountain is also available.
- There is a kitchen located on Ward 12 (Children's High Dependency Unit) where all parents can get breakfast. There is a fridge, freezer and microwave where you can store and prepare your own food. You will need to make sure you label any food stored.
- A 24 hour canteen is open on the ground floor of the Balmoral Building where you can buy food.
- WHSmith and WRVS café are located on Level 1 of Balmoral Building.
- There is a shower room on Ward 12 which is available for parents to use.
- Forms for discounted car parking are available throughout your child's stay - day, week or month pass.
- Wi-Fi is available during your stay; please ask a member of staff for the password.
- We have an iPad available if you wish to call your family via FaceTime/ Skype/ Zoom.

Procedures to follow on CICU

- When entering the unit please take off coats and hang them by the door.
- Please use the alcohol hand gel available to clean your hands.
- Please put mobile phones on silent and take any calls outside the unit.
- Ward round takes place usually between 9am and 11am. Parents are invited to stay for this if they wish, where you will be fully updated with your child's care plan by the medical team.
- You may be asked to leave the unit at times during emergencies or when other procedures are being carried out.

Accommodation for parents or carer

We currently have 3 rooms where parents can stay during a child's stay in CICU.

- These are allocated on a **daily basis** and due to limited availability we can not always guarantee you a room to stay in. However, we will always try our best to find you a place to stay within the Children's Hospital.
- These rooms must be left by **8.30am**. Please leave rooms how they are found. These rooms are also used for meetings with parents throughout the day.
- Siblings are not able to stay in these rooms due to insurance/ safety concerns.

Breastfeeding mums

If you are a breastfeeding mum, you can have free hot meals from the food trolley on Ward 12 at meal times. Meal times are usually midday and 5pm.

We have breast pumps available if needed. We can arrange a private area on or off the unit with your baby, for you to do this.

We can store refrigerated and frozen breastmilk for you; please speak to your nurse about this.

Discharge from CICU

When your child is ready they will be transferred from CICU to one of the children's wards or the High Dependency Unit (Ward 12). Ward 12 operates with 1 nurse to 2 patients.

The children's wards are:

- Medical Wards: 11 and 14.
- Surgical Wards: 10 and 19.

The nursing ratio on these wards are different to CICU and there can be up to 6 patients to 1 nurse.

Giving us your feedback

- Please complete our patient feedback form on discharge to help us develop and improve the service we provide. These forms are anonymous.
- If you would like to give any further verbal feedback, please do not hesitate to ask to speak to the Ward Sister or Matron.
- You can also provide us with feedback once you have been discharged by visiting:
<https://www.leicestershospitals.nhs.uk/patients/thinking-of-choosing-us/patient-experience/>
- 'Message to Matron Cards' are also available to provide feedback. These are available on request or outside the entrance of CICU.
- The Daisy Award - this gives patients, parents or carers the opportunity to thank a nurse who made a difference during their admission.

More information is available here:

<https://www.leicestershospitals.nhs.uk/aboutus/our-news/daisy-award-extraordinary-nurses-and-midwives/>

Contact details

For any queries you can contact CICU on 0116 258 6302 or 0116 258 5349.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk



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Leicester's Hospitals is a research active trust so you may find research happening on your ward or in your clinic. To find out about the benefits of research and become involved yourself, speak to your clinician or nurse, call 0116 258 8351 or visit www.leicestersresearch.nhs.uk/patient-and-public-involvement