

# Advice after your vulval biopsy

Women and Children's Division  
Information for patients

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## Advice after your vulval biopsy

- Have a shower or bath as usual - it is important to keep the vulval area clean to prevent infection. However, do not use soap products on the affected area.
- You may have stitches in the vulval area - these will dissolve in a few weeks following your biopsy.

**Most women have no trouble after a vulval biopsy. However, you may experience one or more of the following:**

- **Discomfort** - to relieve discomfort, take painkillers such as paracetamol.
- **Bleeding** - you may notice a small amount of blood from the vulval area following your biopsy. Do not be alarmed. If this happens, wear sanitary pads to protect your clothing and apply gentle pressure to help stop the bleeding.
- **Discharge** - if you have a smelly discharge or the vulval area becomes painful, contact your GP. You may require antibiotics.

Please contact us Monday to Friday between  
8.00 am and 4.00 pm if you have any concerns:

**Gynaecology Nurse Specialists: 0116 258 4840**

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਸਿ ਹੋਰ ਭਾਸ਼ਾ ਵਲਿ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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