

# Your multidisciplinary team

Cancer Services

Leaflet No: 780

Version: 3

Information for patients

Produced Jun 2021

Review: Jun 2024

## Multidisciplinary team (MDT)

The team of health professionals looking after you is known as the multidisciplinary team, or MDT.

### Healthcare professionals who may be part of your MDT

**Consultant** - the doctor in charge of your care, an experienced specialist in his or her field.

**Oncologist** - a doctor who specialises in the treatment of cancer.

**Radiologist** - a doctor who understands and interprets any scans or X-rays you have had.

**Histopathologist** - uses specialised equipment to examine any tissue removed during biopsy. This enables the team to diagnosis the type and extent of the problem and also helps when planning further treatment that may be required.

**Clinical nurse specialist (CNS) / specialist sister** (also known as your key worker) - can provide support, advice and information about your cancer. He or she can explain the treatments available to you and can discuss any concerns you may have. The CNS will act as a link between you and the rest of the team, continuing to support you before, during and after your treatment.

**Palliative care nurse or doctor** - professionals who specialise in cancer and palliative care. Provide emotional support, information and help with the control of symptoms.

**MDT co-ordinator** - an administrator who ensures the smooth running of the MDT meetings.

Other members of your health care team may be present at the MDT meeting, for example, a dietitian, occupational therapist or physiotherapist might be involved in the meeting.

Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)

## What happens at an MDT meeting?

The MDT meets weekly to ensure that each patient is given the same high standard of care, and has the most appropriate investigations and treatment, no matter who their GP is or which hospital they attend.

During the meeting, your healthcare team will look at your medical notes and any relevant tests, scans etc that you have had. As a team, they will decide on the best treatment plan for you, based on the results of these tests, taking into account the type of cancer you have, your general health and any other relevant issues. Your team may decide that you need to have further tests or be referred to other members of the healthcare team.

## How will I find the outcome of the MDT meeting?

A member of the team will discuss your treatment plan with you. This will usually be at your out-patient appointment, or may be by telephone, if you have agreed to being contacted by telephone.

Your GP will be informed of the MDT discussion by letter. You will also receive a copy of this letter through the post.

## Further information and support

### Macmillan Information and Support Centre

Leicester Royal Infirmary LE1 5WW

Telephone: 0116 258 6189

Website: [www.leicestershospitals.nhs.uk/cancerinfo](http://www.leicestershospitals.nhs.uk/cancerinfo)

### Macmillan Cancer Support

Helpline: 0808 808 00 00

Website: [www.macmillan.org.uk](http://www.macmillan.org.uk)

### Cancer Research UK

Freephone: 0808 800 4040

Website: [www.cancerresearchuk.org](http://www.cancerresearchuk.org)

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਸਿ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email [equality@uhl-tr.nhs.uk](mailto:equality@uhl-tr.nhs.uk)