

# Information for lung cancer patients after finishing initial treatment

Department of Thoracic Oncology  
Information for patients

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## Introduction

Now that your initial cancer treatment has finished, you will be reviewed by your oncologist (specialist in cancer treatment) in their follow-up clinic. These appointments will be in the oncology outpatient department in the Osborne Building, Leicester Royal Infirmary or the outpatient department at Glenfield Hospital.

On your first visit to this clinic, your oncology consultant will talk to you about how you have responded to treatment, and how often you will need to attend the clinic.

## Your key worker

At the first visit to the follow-up clinic, your key worker will assess your needs following completion of your initial treatment. You will have time to discuss any concerns you may have. Your key worker will not routinely telephone you as you may have been previously used to. However, please contact your key worker if you have any concerns or queries between appointments.

Your key workers are:

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**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)

## What shall I do if I have any of the following symptoms ?

Early symptom recognition is very important and it is essential that you let us know between appointments if you have any of the symptoms listed below.

The symptoms listed below are very common. Remember that you are an individual and you may experience all, some or none of the symptoms. Please contact your lung clinical nurse specialist (key worker) if you are concerned or experiencing any of the symptoms below.

- **An increased shortness of breath**, more than is usual for you.
- **Coughing** that is more persistent than usual, with or without phlegm or blood.
- **Headaches**, affecting your eyesight, especially if the headache comes on suddenly, or is accompanied by flashing lights, dizziness or nausea.
- **A new pain**, that does not seem to go away.
- **Loss of appetite and weight loss.**
- **Increased tiredness**, meaning that you cannot do what is normal for you.
- **A lump or bump** that wasn't there before.
- **A change in your bowel or bladder habits**, such as constipation or difficulty in passing urine.

## Other useful contact numbers

Macmillan Information Centre	0116 258 6189
Coping with Cancer	0116 223 0055
CAB Macmillan Benefits Advice	0300 456 8400
Macmillan Cancer Support	0808 808 00 00
Roy Castle Lung Cancer Foundation	0333 323 7200
Mesothelioma UK Helpline	0800 169 2409

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਸਿ ਹੋਰ ਭਾਸ਼ਾ ਵਲਿ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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