

# The East Midlands Mesothelioma Multidisciplinary Team (MDT)

Cancer Services

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Information for patients

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## Introduction

The team of health professionals looking after you is known as the multidisciplinary team, or MDT. Once you have had your initial tests and investigations your case will be discussed at the lung MDT meeting in the hospital you have been attending. They will refer your case, if necessary, to the regional meeting that specialises in mesothelioma.

In the East Midlands we have a regional MDT meeting specifically for mesothelioma. The meeting is coordinated through the University Hospitals of Leicester and video-linked to teams based in Nottingham, Mansfield, Northampton, Kettering, Derby and Lincoln.

## Who attends the mesothelioma MDT meeting?

The team is spread across the region; attendees may be present at the meeting base in Leicester or linked by video conferencing.

**Respiratory physicians** - doctors who are specially trained in respiratory and pleural medicine.

**Thoracic surgeon** - a surgeon (doctor) who is specially trained in the surgical treatment of mesothelioma.

**Oncologist** - a doctor who specialises in the treatment of cancer.

**Radiologist** - a doctor who understands and interprets any scans or x-rays you have had.

**Histopathologist** - a doctor who uses specialised equipment to examine any tissue removed during biopsy.

**Clinical nurse specialist (CNS)** (also known as your key worker) - the CNS specialises in mesothelioma and will act as a link between you and the rest of the team.

**Palliative care team** - either a nurse or a doctor who specialises in symptom management.

**MDT co-ordinator** - an administrator who ensures the smooth running of the MDT meetings.

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or call 111 for non-emergency medical advice**

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## What happens at the MDT meeting?

The regional mesothelioma MDT meeting takes place every week on Friday lunchtimes. This is to make sure that each patient is given the same high standard of care, and has the most appropriate treatment and access to clinical trials, no matter who their GP is or which hospital they attend.

During the meeting, the MDT will look at your medical notes and any relevant tests, scans etc that you have had. As a team, they will decide on the best treatment plan for you, based on the results of these tests, taking into account the type of cancer you have, your general health, the availability of clinical trials and any other relevant issues. Your team may decide that you need to have further tests or be referred to other members of the MDT within the region. This may require travel to a hospital not previously involved in your care.

**The MDT is attended by health care professionals only.**

## How will I find out the outcome of the MDT meeting?

A member of the team from the hospital you have been attending will discuss your treatment plan with you. This will usually be at your next out-patient appointment, or may be by telephone, if you have agreed to being contacted by telephone. If your treatment plan requires referral to another hospital the referral will only be made once you are in agreement with the proposed treatment plan.

Your key worker will be able to keep you informed about referrals and any issues related to your treatment plan. Your key worker will remain the same and only change if all your care is transferred to another hospital.

## Sources of information and support

### **Macmillan Information and Support Centre - Leicester**

Osborne Building, Leicester Royal Infirmary  
Telephone: 0116 258 6189

### **Macmillan Information Centre - Nottingham**

Nottingham City Hospital / Queens Medical Centre  
Telephone: 0115 840 2650 / 0115 970 9933

### **Macmillan Information and Support Centre - Derby**

Royal Derby Hospital  
Telephone: 01332 786008

### **Macmillan Information and Support Centre - Lincoln**

Lincoln County Hospital  
Telephone: 01522 573799

### **Macmillan Cancer and Support Centre - Kings Mill Hospital**

Telephone: 01623 622515 ext 6499

### **Macmillan Information and Support Centre - Northampton**

Northampton General Hospital  
Telephone: 01604 544211

### **Macmillan Information and Support Centre—Grantham**

Grantham and District Hospital  
Telephone: 01476 464978

## Sources of information and support

### Mesothelioma UK

Specialist mesothelioma information and support

Freephone: 0800 169 2409

Website: [www.mesothelioma.uk.com](http://www.mesothelioma.uk.com).

### Macmillan Cancer Support

Freephone: 0808 808 00 00

Website: [www.macmillan.org.uk](http://www.macmillan.org.uk)

### Cancer Research UK

Freephone: 0808 800 4040

Website: [www.cancerresearchuk.org](http://www.cancerresearchuk.org)

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਸਿ ਹੋਰ ਭਾਸ਼ਾ ਵਲਿ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

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