

The Neuroendocrine Tumour (NET) team looking after you

Cancer Services

Information for patients

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Introduction

You have been given this leaflet because you or a close relative or friend has been diagnosed with a neuroendocrine tumour (NET). It explains which health care professionals are part of the NET team and who is available to offer support, information and advice, including when treatment has finished.

What is a multidisciplinary team (MDT)?

The team of health professionals looking after you is known as the multidisciplinary team or MDT. Healthcare professionals who may be part of your MDT include:

Surgeons: these are the doctors who will decide if surgery is possible and who will be in charge of your surgical care. They are highly experienced in their field.

Oncologist: a doctor who specialises in the treatment of cancer.

Radiologist: a doctor who specialises in interpreting radiology images such as CT scans and nuclear medicine scans.

Histopathologist: a doctor who uses specialised equipment to examine tissue. This enables the MDT to diagnose the tumour and plan treatment.

Endocrinologist: a doctor who specialises in dealing with hormonal disease (when the body produces too much or too little).

Gastroenterologist: a doctor specialising in disease of the gut.

Clinical Nurse Specialist (CNS): also known as your **key worker**. A highly skilled specialist nurse who can provide support, advice and information at any point from diagnosis. Your CNS will act as a link between you and the rest of your team and refer you as necessary to community teams such as Macmillan nurses, benefit advisers and community therapists.

Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

What is a multidisciplinary team (MDT)? (continued)

MDT co-ordinator: an administrator who ensures the smooth running of the MDT meeting and records the minutes.

There may be other health care professionals at the MDT meeting, for example occupational therapists or physiotherapists.

What happens at the MDT meeting?

The MDT is there to ensure that each patient is given the same high standard of care, and has the most appropriate investigations and treatment, no matter who their GP is or which hospital they attend.

During the meeting the team will discuss your case and look at any scans you have had. If you have had surgery they will look at the tissue samples and then decide on the best treatment for you. This decision will take into account your age, fitness, other medical conditions and where in your body your tumour is, as well as the grade of your tumour.

How will I find out the outcome of the meeting?

A member of the team (usually your oncologist or CNS) will discuss your treatment plan with you at your next appointment. Very occasionally you may be given the outcome over the telephone, if this has been agreed in advance. Results of tests or diagnosis are very rarely given by telephone as this can be distressing, particularly if the results are not as expected.

The role of your key worker

In order to ensure that patients with cancer and their families are able to access appropriate support and information, all patients have a known health care professional who they can contact. This person is called a **key worker** and will be available from diagnosis, through treatment and beyond.

As care can take place in a variety of settings such as hospitals or community settings your key worker may change. If this happens you will be told and given the contact details of your new key worker.

Your key worker:

- is a central point of contact for support and information for you and your family.
- will assess your needs and ensure that you receive the care you require, and that you are involved in decisions about your care as much as possible.
- will ensure that you are referred to (and receive) other services as required.
- will contact other members of the health care team, such as district nurses or Macmillan nurses, as needed.

Advice and information

For medical queries, please contact your Neuroendocrine CNS on:

07950 888023

Working hours: 08.00 - 16.00 hrs

Part-time week days

(excluding bank holidays)

- Questions about cancer
- Treatment options
- Psychological support
- Physical symptoms (eg pain or feeling sick)
- Side effects of treatment

Please note, this is not an emergency service.

If you feel unwell, please contact your GP or out-of-hours emergency service

For non-medical queries, please contact the Macmillan Information and Support Centre:

0116 258 6189

Working hours: 9:30am to 4:30pm

Monday to Friday

(excluding bank holidays)

- General enquires
- Finances
- Caring responsibilities
- Transport/parking/travel
- Lifestyle needs
- Health and wellbeing support
- Someone to talk to

Also: Macmillan Cancer Support call free **0808 808 00 00**

7 days a week 8am to 8pm

If you are receiving, or have recently completed, chemotherapy or radiotherapy and are feeling unwell, please call the Oncology helpline on **0808 178 2212**

This is a 24 hour service, 7 days a week

What is a Holistic Needs Assessment?

This is a chance for you to think about your concerns and discuss possible solutions with your key worker. It gives you the time to explore what resources, help and support are available.

Please ask your key worker for a Holistic Needs Assessment if you think that this would be helpful for you.

For more information go to www.macmillan.org.uk and search for "holistic needs assessment".

Other sources of information and support

Macmillan Information and Support Centre

Osborne Building, Leicester Royal Infirmary, LE1 5WW

Opening hours Monday to Friday 9:30 am to 4:30 pm

Telephone: 0116 258 6189
Email: cancerinfo@uhl-tr.nhs.uk
Website: www.leicestershospitals.nhs.uk/cancerinfo

Neuroendocrine Cancer UK

Offers support and information to all affected by neuroendocrine cancer.

Helpline: 0800 434 6476
Website: www.neuroendocrinecancer.org.uk

Macmillan Cancer Support

For information and support from cancer support specialists.

Freephone: 0808 808 00 00
Website: www.macmillan.org.uk

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
 على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਸਿ ਹੋਰ ਭਾਸ਼ਾ ਵਲਿ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk