

Your seven-day capecitabine and radiotherapy treatment plan

Cancer Services
Information for patients

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Introduction

Your doctor has recommended the following treatment:

Capecitabine tablets (7 days) and radiotherapy

This leaflet tells you how and when to take your capecitabine tablets, and how many to take. You should already have been given a leaflet telling you about the possible side effects of capecitabine. If you have not received this leaflet please ask your doctor or nurse for a copy.

Taking your medication

You have been given a supply of capecitabine tablets, and a leaflet telling you about your medication. Your prescribed dose is calculated for your weight and height. This means you will need to take a number of tablets, often of different strengths.

Please take your tablets according to the table below:

500mg tablets	and	150mg tablets	Time
			
	and		morning
	and		evening

The dose shown above should be taken for five weeks.

You will have been given enough tablets to last you for the full course of treatment. Each week, you will have a blood test to monitor your blood count. If you have not been given a blood test form, please ask your radiographer for one.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

Important information

- Take the number of tablets indicated with a full glass of water and swallow whole.
- Handle your tablets with care. No one except the patient should handle the tablets. Store your tablets in the original packaging, at room temperature and away from direct heat or sunlight. If you are asked to stop your tablets, return any unused tablets to the Chemotherapy Suite for disposal.
- Tablets should be taken within 30 minutes of finishing your breakfast and evening meal. It does not matter if the two doses are less than 12 hours apart - it is more important to take your tablets at meal times.
- Take your first dose on the morning you start radiotherapy, with breakfast. This should be at least an hour before your appointment time.
- Take the same dose every day, including weekends. You will have radiotherapy from Monday to Friday (not weekends).
- If you forget to take a dose do not take a double dose. Keep to your regular dosing schedule.
- If you feel sick, take one of the anti-sickness tablets (metoclopramide) you have been given. If you are sick just after taking a dose of capecitabine, do not take a double dose, please contact the Chemotherapy Suite for advice, using the contact numbers below.
- If you have diarrhea, take the anti-diarrhea tablets (loperamide) you have been given. It is important to also let the radiographer or chemotherapy nurse know so they can give you further advice. If you have diarrhea more than four to six times a day, or at night, please contact us using the emergency number below.
- If your radiotherapy treatment lasts longer than five weeks your capecitabine course will finish before you complete your radiotherapy, in order to reduce the chance of side effects.
- Capecitabine can interact with some medications, for example warfarin, allopurinol and phenytoin. Painkillers are not a problem and can be taken as usual. Please check with a doctor or pharmacist if you are not sure.

Emergency contact number

If you have any urgent issues regarding side effects, please contact us using the number below.

Emergency helpline: 0808 178 2212 (24 hours, 7 days a week)

Other useful numbers

Chemotherapy Suite 0116 258 6107 (8:30 am to 6:00 pm) Mobile telephone: 07534 227 963

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net