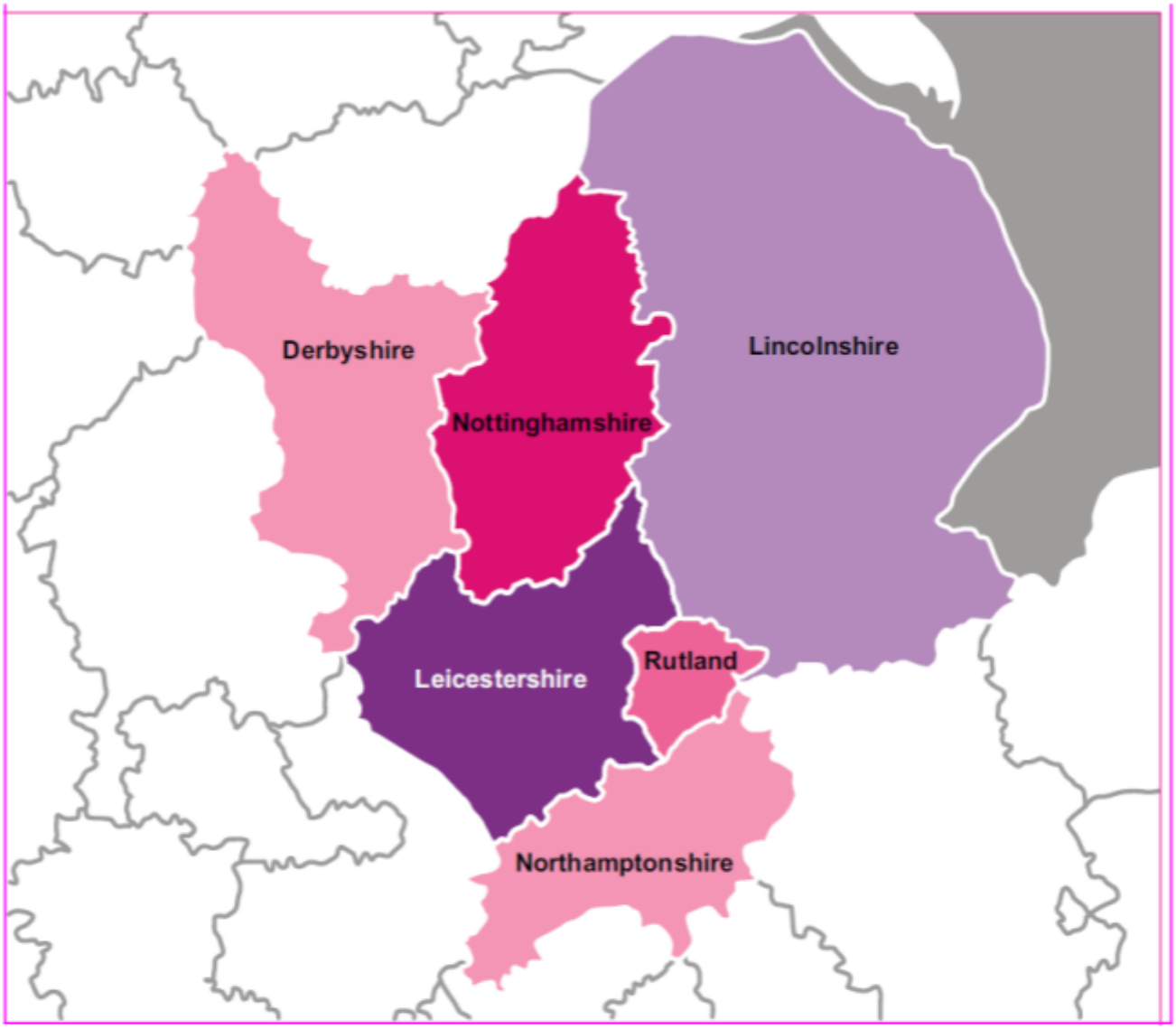
Trusted Information Creator
Patient Information Forum

NHS
University Hospitals of Leicester
NHS Trust

The Sarcoma Team looking after you (Key Worker and Multidisciplinary Team)

Information for Patients

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East Midlands
Sarcoma Service

Specialist staff

Sarcoma nurse specialist

The sarcoma nurse specialist will be your ‘key worker’. The role of the key worker is to provide you with a point of contact and to help co-ordinate your care. Your key worker can offer you support and advice about your care and treatment, even if you are attending a different hospital for your treatment. Your key worker will also be able to put you in touch with other professionals who can offer support and care.

We can be contacted Monday to Friday between 9.00 am and 5.00 pm.

Sarcoma nurse specialist / key worker

Anita Pabla Mobile number: 07949 678934

Sally Clarke Mobile number: 07483 966822

Office number: 0116 258 5583

Sarcoma support worker

Office number: 0116 258 5583

We are not available at weekends or bank holidays. If you need help or advice during these times you should contact your GP or out of hours GP service.

Tests and treatments

Your diagnosis:

The doctor responsible for your care is:

You saw the sarcoma clinical special on:

/ /

Tests and treatments

The following tests and investigations were arranged:

Tick as appropriate	Test	Date of test
	Blood tests	
	Ultrasound	
	Biopsy (see additional information)	
	MRI scan (see additional information)	
	CT scan (see additional information)	
	Other scans:	
	Other scans:	
	Treatment type and date:	
	Treatment type and date:	
	Treatment type and date:	

Multidisciplinary team

Once you have had your initial tests and investigations your case will be discussed at the weekly sarcoma multidisciplinary (MDT) meeting. The team of health professionals looking after you is known as the multidisciplinary team, or MDT. Please be aware that in some circumstances discussions may be delayed to allow for additional Information to be obtained or discussions are deferred due to emergencies. A member from your specialist team will notify you of any changes.

Healthcare team members who may be part of your MDT

Key worker - can provide support, advice and information about your cancer. He or she can explain the treatments available to you and can discuss any concerns you may have. Your key worker will act as a link between you and the rest of the team, continuing to support you before, during and after your treatment. Your key worker may be a clinical nurse specialist (CNS) or a physiotherapist.

Support worker-provides support, advice and information. The support worker can act as a link between you and the CNS.

Sarcoma surgeon - a surgeon (doctor) who is specially trained in the surgical treatment of sarcomas.

Oncologist - a doctor who specialises in the treatment of cancer.

Radiologist - a doctor who understands and interprets any scans or x-rays you have had.

Histopathologist - uses specialised equipment to examine any tissue removed during biopsy. This enables the team to diagnosis the type and extent of the problem and also helps when planning further treatment that may be required.

MDT co-ordinator - an administrator who ensures the smooth running of the MDT meetings. Other members of your health care team may also be present at the MDT meeting; for example, a dietitian, occupational therapist, physiotherapist or member of the palliative care team might be involved in the meeting.

What happens at MDT meeting?

The MDT meets on Monday lunchtimes (not Bank Holidays) to ensure that each patient is given the same high standard of care, and has the most appropriate investigations and treatment, no matter who their GP is or which hospital they attend. The Sarcoma MDT takes place with video links to teams in Leicester, Nottingham, Northampton, Kettering, Derby and Lincoln.

The MDT is attended by health care professionals only.

During the meeting, your healthcare team will look at your medical notes and any relevant tests, scans etc that you have had. As a team, they will decide on the best treatment plan for you, based on the results of these tests, taking into account the type of cancer you have, your general health and any other relevant issues. Your team may decide that you need to have further tests or be referred to other members of the healthcare team.

How will I find out the outcome of the MDT meeting?

A member of the team will discuss your treatment plan with you. This will usually be at your out-patient appointment, or may be by telephone, if you have agreed to being contacted by telephone.

Your GP will be informed of the MDT discussion by letter.

Sources of information and support

Macmillan Information and Support Centre –Leicester

Osborne Building, Leicester Royal Infirmary, LE1 5WW

Staff will provide you with the information you need, or signpost you to help and support available locally and nationally.

Opening hours: Monday to Friday 8.30 am to 4.00 pm

Telephone: 0116 258 6189

Email: uhl-tr.cancerinformationcentre@nhs.net

Macmillan Cancer and Support Centre - Nottingham

Nottingham City Hospital

W4 Ground Floor South Block

Hucknall Road

Nottingham

NG5 1PB

Tel: 0115 840 2650

Macmillan Cancer and Support Centre - Derby

Level 1 (Entrance 24) Royal Derby Hospital

Uttoxeter Road

Derby

DE22 3NE

Tel: 01332 786008

Macmillan Cancer and Support Centre - Lincoln

Lincoln County Hospital

Greetwell Road

Lincoln

LN2 5QY

Tel: 01522 573799

Macmillan Cancer Information and Support Centre - Northampton

Northampton General Hospital

Northampton Centre of Oncology

Cliftonville

Northampton

NN1 5BD

Tel: 01604 544211

Macmillan Cancer Support

For information and support from cancer support specialists.

Freephone: 0808 808 00 00

Website: www.macmillan.org.uk

Cancer Research UK

Specialist nurses providing a confidential service.

Freephone: 0808 800 4040

Website: www.cancerresearchuk.or

Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice

Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals.

To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہِ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

إذا كنت ترغب في الحصول على هذه المعلومات بلغةٍ أُخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો.

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net

We are a research hospital and you may be asked to take part in research

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