

# Advice after an endoscopic retrograde cholangio-pancreatography (ERCP)

Endoscopy Department

Information for Patients

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## **If you have had local anaesthetic throat spray:**

You must not eat or drink anything for 45 minutes because your throat will be numb and there is a risk of choking.

**Do not eat or drink until:** .....

## **If you have had sedative medicine:**

### **For 12 hours you should:**

- be accompanied by a responsible adult.

### **For 24 hours do not:**

- drive a car or ride a bicycle.
- drink alcohol.
- operate any machinery or do anything which needs skill or judgement.
- make important decisions or sign any documents.
- climb ladders.
- return to work until after this period of time.

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)

## General advice

- Go home and rest.
- The back of your throat may feel sore for the rest of the day.
- You may feel a little bloated if some air has remained in your stomach; this will pass.
- If you have any concerns, please contact your GP or the Endoscopy Department you attended (Monday to Friday, 8am to 6pm).

## Go to your nearest Emergency Department immediately if you:

- have severe tummy (abdominal) pain.
- have severe chest pain.
- are vomiting blood or passing red or tarry black poo (stool).
- have a fever with or without shivering.

This is especially important if you are taking immunosuppressant drugs e.g. steroids, azathioprine, cyclophosphamide and methotrexate.

## Endoscopy Department contact details

Leicester General Hospital:	0116 258 4183
Leicester Royal Infirmary:	0116 258 6997
Glenfield Hospital:	0116 258 3130
Hinckley and District Hospital:	01455 441970
Loughborough Hospital:	01509 564402
Melton Mowbray Hospital:	01664 854904
St Lukes Hospital Market Harborough:	01858 448344

If the department is closed and your GP is unavailable, please call the NHS helpline on 111 or Ward 35/ 36 at Glenfield Hospital on 0116 258 4646 or 0116 258 4623. (

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل  
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

જે તુમીં દિગ જાજવાની વિમે હેર જામા દિગ ચાહુંદે હે, તાં વિરખા વરવે હેઠાં દિંતે ગાષ્ટે નંબર '૩૫ ટેલીફોન કરો।  
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email [equality@uhl-tr.nhs.uk](mailto:equality@uhl-tr.nhs.uk)