

Having a patency capsule test - instructions after swallowing the capsule

Department of Endoscopy

Information for Patients

Last reviewed: April 2025

Updated: June 2025

Next review: April 2026

Leaflet number: 1066 Version: 4.1

You are having a patency capsule test. Information about this is in leaflet 888 'Having a patency capsule test as a trial run before a capsule endoscopy'.

What happens after I swallow the patency capsule?

- 2 hours after swallowing the capsule you can have clear fluids (like water, black tea, black coffee, orange or lemon squash, Lucozade).

Clear fluids are allowed at (time to be entered by nurse): _____

- You can have a small low fibre meal 4 hours after swallowing the capsule.

A small low fibre meal/ snack is allowed at (time to be entered by nurse): _____

- After 5pm you can eat and drink as normal.
- Do not lie down through the day. Keep relatively active with plenty of walks.

What happens the next day?

You need to come back to the Endoscopy Department **29 hours** after you have swallowed the capsule to collect an X-ray form. The capsule starts to dissolve after 30 hours, so you need to return by 29 hours to get a form and make sure you have the X-ray taken in time.

The X-ray should be completed by (time to be entered by nurse): _____

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

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- The patency capsule starts to dissolve 30 hours after it is swallowed, so an X-ray needs to be taken before this time.
- Do not panic if you do not see the capsule pass when you go to the toilet.
- If you do not see the capsule pass, it will usually dissolve on its own.
- A doctor (gastroenterologist) will look at your X-ray after your procedure. If we are not entirely satisfied that the capsule has passed all the way through the small bowel you will be contacted and seen in clinic.
- If we are certain the capsule has passed into your large bowel with no concerns, we will contact you to organise an appointment for your capsule endoscopy procedure.

What do I need to look out for?

There is a small chance of the capsule getting stuck in your body. This can lead to:

- feeling sick (nausea)
- vomiting
- stomach (abdominal) pain

Very rarely this can lead to a hole in the tissue (perforation) which could need surgery.

Please call the endoscopy unit if you get these symptoms before the capsule is passed.

Contact details

- Endoscopy Department on 0116 258 6997 / 0116 258 6995 (Monday to Sunday, 8am to 6pm).
- You can contact the NHS helpline on 111 for advice.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
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