

Advice after a capsule endoscopy to examine your small bowel

Department of Endoscopy

Information for Patients

Last reviewed: December 2023

Next review: December 2024

Leaflet number: 1088 Version: 3

You are having a capsule endoscopy to examine your small bowel. Information about this is in leaflet 952 'Having a capsule endoscopy to examine your small bowel'.

What happens after I swallow the capsule?

Please follow the instructions in leaflet 952 and below to make sure we get the best results for your capsule endoscopy.

You can have clear fluids (e.g. water, orange squash, black tea and coffee) at: _ _ _ _ _

You may start a light diet (e.g. crackers, crisps, cheese on white toast) from: _ _ _ _ _

Please return to the Endoscopy Department at: _ _ _ _ _ when we will remove the sensor belt and data recorder from you.

When will I pass the capsule?

The capsule you swallowed should pass during the next 2 to 3 days when you go to the toilet. It is easy to miss the capsule being passed, therefore do not panic if you don't see the capsule pass within this time.

After your procedure, a doctor (gastroenterologist) will check the video created from the data recorder. If they are not satisfied that the capsule has passed all the way through your small bowel, we will contact you to have an X-ray of your tummy (abdomen) to check this.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

What should I be aware of and look out for?

If there is a possibility that the capsule may still be in your body you should not have any MRI (magnetic resonance imaging) scans or be near an MRI machine.

If you are not sure that the capsule has passed out of your body **and** you develop any unexplained pain in your tummy (abdomen), feel or are sick (nausea or vomiting), please contact:

- The Endoscopy Department at Leicester Royal Infirmary on 0116 258 6997 (Monday to Sunday, 8.30am to 5.30pm).
- For outside of the above hours, please contact Ward 42 on 0116 258 6284.
- Or the NHS helpline on 111.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿੱਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk