

Advice after a capsule endoscopy to examine your small bowel

Department of Endoscopy

Information for Patients

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You are having a capsule endoscopy to examine your small bowel. Information about this is in leaflet 952 'Having a capsule endoscopy to examine your small bowel'.

What happens after I swallow the capsule?

Please follow the instructions in leaflet 952 and below to make sure we get the best results for your capsule endoscopy.

You can have clear fluids (e.g. water, orange squash, black tea and coffee) at: _ _ _ _ _

You can have a small low fibre meal/ snack at: _ _ _ _ _

Please return to the Endoscopy Department at: _ _ _ _ _ when we will remove the sensor belt and data recorder from you.

When will I pass the capsule?

The capsule you swallowed should pass during the next 2 to 3 days when you go to the toilet. It is easy to miss the capsule being passed, therefore do not panic if you don't see the capsule pass within this time.

After your procedure, a doctor (gastroenterologist) will check the video created from the data recorder. If they are not satisfied that the capsule has passed all the way through your small bowel, we will contact you to have an X-ray of your tummy (abdomen) to check this.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

What should I be aware of and look out for?

If there is a possibility that the capsule may still be in your body you should not have any MRI (magnetic resonance imaging) scans or be near an MRI machine.

If you are not sure that the capsule has passed out of your body **and** you develop any unexplained pain in your tummy (abdomen), feel or are sick (nausea or vomiting), please contact:

- Endoscopy Department at Leicester Royal Infirmary on 0116 258 6997 (Monday to Sunday, 8.30am to 5.30pm).
- Outside of these hours, NHS helpline on 111 or ward 42 at Leicester Royal Infirmary on 0116 258 6284.

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જે તુમીં ઇચ જાજવાતી વિમે હેર જામ્ના વિચિ ચાહુંદે હે, ઝાં વિરખા વરવે હેઠાં હિંઝે ગાદે નંબર 'ਤੇ ટેલીફોન કરો।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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