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Blinatumomab patient diary

Cancer Services and Clinical Haematology
Information for ambulatory care patients

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For urgent enquiries please contact the

24-hour Haematology Helpline on

0808 178 2212

Introduction

This patient diary is your record of ambulatory blinatumomab treatment.

Your treatment started on ……..

You will have discussed your blinatumomab treatment programme with a member of your healthcare team and received written information.

The diary lists when you will need to attend the Cellular Therapy Suite and which days to rest at home. Please bring this with you on each visit so that we can add any additional notes.

You will receive your treatment through a pump called the CADD Solis pump which you take home with you in a specially designed bag. You and your main carer will have already been given information on how to care for the pump and what to do if you have any problems.

Your contact details

Name:

Address:

Date of Birth:

Phone number:

NHS number:

Hospital Number: S

Allergies:

Emergency contact details

Next of kin:

Relationship to you:

Contact number:

Next of kin:

Relationship to you:

Contact number:

Useful contacts

Please use these numbers if you require help, advice or assistance at any time.

Help is available 24 hours a day. Please have your hospital number available if possible.

If it is an acute emergency such as chest pain or difficulty in breathing please call **999** immediately.

24 hour Haematology Helpline - 0808 178 2212

Please use this number 24 hours a day seven days a week if you have urgent concerns. If there is no answer from this helpline, please leave a message with your name, number and short description of your problem and you will be contacted back by the nurse.

Ambulatory Care Specialist Nurses - Anika Sirel and Natasha Woolgar

9am to 5pm, Monday to Friday - 07971 799837

Please feel free to contact us for any non-urgent advice 9am to 5pm, Monday to Friday.

Cellular Therapy Suite - level 2, Windsor building, Leicester Royal Infirmary

9am to 5pm, Monday to Friday - 0116 258 5124

Bone Marrow Transplant Unit - level 2 Windsor building, Leicester Royal Infirmary open 24 hours a day, seven days a week. 0116 258 5698

Osborne Treatment Centre - level 2, Osborne building, Leicester Royal Infirmary

Open Monday – Saturday 0116 258 5263

Daily life with the pump

You will be given a CADD Solis pump which will be connected to your PICC line at the hospital (You will receive separate information about PICC lines). You will then go home with the pump and it will be programmed to deliver your treatment when you are living your daily life at home. You will be given your own bag to put the CADD Solis pump into to help you keep it safe and for ease for you. This can either be worn around your waist or over your shoulder.

Dressing

Choose wide sleeved clothes to carefully feed the line up through the sleeve, ensuring there is no ‘bend’ in the line

Showering

Put the black bag into a plastic bag and hang out of the spray of the shower, locate in a dry place and try to keep the shower time to a minimum to prevent a build-up of steam in the bathroom.

Bathing

Place the pump on a chair beside the bath. Avoid having a long hot soak for the same reason as the shower.

Sleeping

Either place the pump under your pillow if the line permits, the bag may be worn or it can be placed on a chair or table beside the bed. Try to have the pump either at the same level or above your body level to aid infusion.

Charging the pump

You will need to monitor the battery life on the pump to ensure it doesn’t run out but it will give you warning bleep as it begins to get low. You may find that the best time to charge the pump is while sitting down during the day/evening. This way you do not need to worry about being connected overnight.

As with all electrical equipment, the pump must not get wet. If the pump is accidentally dropped into water, take out quickly, dry off with a towel and call the hospital

Day 1

Attend Cellular Therapy Suite at ……..

- Assessment including blood pressure, pulse & temperature
- Weight
- Routine bloods*
- Insertion of PICC line or care of current line
- Nurse review
- Intravenous steroid 1 hour prior to starting blinatumomab. (drip given to you via your PICC line into your vein)
- Begin taking regular paracetamol for 48 hours to reduce chances of any reactions from the drug.
- Blinatumomab pump attached to PICC line- 4 day infusion.
- Supply of a spillage kit to take home - this is just in case any leakage occurs from the pump and provides you with all the necessary equipment to manage it.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

*We will check how your liver and kidneys are working. We will monitor a marker in your blood which rises if you have an infection. We will closely monitor your red cells (to see if you are anaemic), white cells (to see how many infection fighting cells you have) and platelets (these help to stop bleeding). We will also check other levels such as calcium, potassium and magnesium.

Day 2

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 3

Non-hospital day- call if any concerns

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 4

Non-hospital day- call if any concerns

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 5

Attend Cellular Therapy Suite at ……..

- Assessment including blood pressure, pulse & temperature
- Weight
- Routine bloods
- Bag change for blinatumomab- 3 day infusion
- Nurse review
- PICC line care

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 6

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 7

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 8

Attend Cellular Therapy Suite at……..……

- Assessment including blood pressure, pulse & temperature
- Weight
- Routine bloods
- Bag change for blinatumomab- 4 day infusion
- Nurse review
- PICC line care

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 9

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 10

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 11

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 12

Attend Cellular Therapy Suite at ……..

- Assessment including blood pressure, pulse & temperature
- Weight
- Routine bloods
- Bag change for blinatumomab- 3 day infusion
- Nurse review
- PICC line care

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 13

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 14

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 15

Attend Cellular Therapy Suite at……...

- Assessment including blood pressure, pulse & temperature
- Weight
- Routine bloods
- Bag change for blinatumomab- 4 day infusion
- Nurse review
- PICC line care

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 16

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 17

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 18

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 19

Attend Cellular Therapy Suite at …….

- Assessment including blood pressure, pulse & temperature
- Weight
- Routine bloods
- Bag change for blinatumomab- 3 day infusion
- Nurse review
- PICC line care

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 20

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 21

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 22

Attend Cellular Therapy Suite at…….

- Assessment including blood pressure, pulse & temperature
- Weight
- Routine bloods
- Bag change for blinatumomab- 4 day infusion
- Nurse review
- PICC line care

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 23

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 24

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 25

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 26

Attend Cellular Therapy Suite at ……..…….

- Assessment including blood pressure, pulse & temperature
- Weight
- Routine bloods
- Bag change for blinatumomab- 3 day infusion
- Nurse review
- PICC Line Care

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 27

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 28

Non-hospital day- call if any concerns.

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Day 29

Attend Cellular Therapy Suite

- Assessment including blood pressure, pulse & temperature
- Weight
- Routine bloods
- Remove CADD pump– blinatumomab complete
- Nurse review
- PICC line care

Temperature am: _____ Temperature pm: _____

Regular medicines taken as prescribed? ☐

Any other medicines taken? Yes/No

Any missed doses or problems? Yes/No

If yes please explain further:

Your notes during the treatment phase (Days 1-29)

Your notes in the post treatment phase (day 30 onwards)

After blinatumomab treatment

You will continue to be looked after as an outpatient unless you require admission because you have become unwell.

If you are well, you will be seen on Cellular Therapy Suite for regular reviews. You may need additional visits for blood transfusions (you will receive a separate leaflet about this). You will be admitted if you are unwell, or if your investigations suggest you may become so.

During this time, it is very important that you ring the haematology helpline at any time day or night if you have a temperature (37.5C or above or below 36C) or you are unwell in any way (even if you have seen or are due to see the doctor). Please document temperatures on the next page and stay vigilant during the post treatment phase. You will be vulnerable to infections and other complications.

Post Treatment Appointments		
Date	**Location**	**Reason**

Temperature Monitoring PostTreatment			
Date	**Temperature am**	**Temperature pm**	**Additional times**

Approval & publication (for internal use)

For Patient Information Team use only: Reference stamp (leaflet no., version, expiry) will be added prior to publishing on YourHealth

Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice

Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals.

To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہِ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

إذا كنت ترغب في الحصول على هذه المعلومات بلغةٍ أُخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો.

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net

We are a research hospital and you may be asked to take part in research

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