

# How to get the most out of your telephone clinic appointment for MPN

Cancer Services and Clinical Haematology

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Information for patients with MPN

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## Before your appointment

- Have a blood test **1 to 3 days** before your appointment
- Weigh yourself, if possible, and make a note of your weight
- Find your treatment booklet to note any changes to your medication
- Write down any questions or concerns you have about your diagnosis, symptoms or medication
- Write down a list of all your medications, including those prescribed by your GP
- Check if you are running out of the medication prescribed by the Haematology Team and ask for a prescription, if required

## On the day of your appointment

- Have to hand all the information you have been asked for above
- Have your treatment booklet (if you have been given one from clinic) to hand so you can note down any changes that may be advised during your telephone appointment
- Be available for your telephone appointment on your mobile or landline number
- We may not always be able to call you at your scheduled appointment time, so please be available to speak on the telephone between 8:30am and 2pm
- Please do not worry if you miss our call. If we feel it is important that we speak with you regarding any change in your condition or treatment, we will either try calling again at another time or rearrange your appointment

## After your appointment

- Your next telephone appointment date and relevant blood forms will be sent in the post

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)

**Collecting your prescriptions**

- Please wait for pharmacy to call you before you or your nominated person comes to collect
- Contact Trust-Med Pharmacy on 0116 254 1446 if you have any queries

**Important telephone numbers**

Clinic coordinators for appointments queries or to change your contact details	0116 258 5020
Haematology Clinic (only ring on the day of your clinic)	0116 258 5759
Outpatient Pharmacy:	0116 254 1446
Clinical Nurse Specialist (CNS) Sarah Sands:	0116 258 7246
24-hour Emergency Haematology Helpline:	0808 178 2212

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل  
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।  
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email [equality@uhl-tr.nhs.uk](mailto:equality@uhl-tr.nhs.uk)