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MGUS (Monoclonal Gammopathy of Uncertain Significance) how we follow you up

Produced: Mar 2025
Review: Mar 2028
Leaflet number: 2001
Version: 2.1

Cancer Services and Clinical Haematology

Information for Patients

Introduction

You have recently been told that you have a condition called MGUS. We recommend that you have regular blood tests in order to look for signs that your MGUS may be developing into a more serious condition such as myeloma. Your consultant will decide how often you

need these blood tests and if it is appropriate to move you into our remote monitoring clinic. This clinic uses a computer programme called “DAWN” to ensure that your blood results are reviewed by your healthcare team.

How we follow you up

You will need to have blood tests every six or twelve months. We will write to you with the results and the date of your next appointment. We will send you forms for your next blood tests. You will need to arrange to have these blood tests at your GP surgery about two weeks before your appointment. If we are concerned about the blood test results we will arrange an appointment in the clinic and one of the doctors or specialist nurses will telephone you or see you in person.

Getting your blood tests done

If you lose or do not receive your blood test forms please contact the DAWN clinic

co-ordinator and they can arrange to send a further set. If you are unable to have your blood tests done around the requested date, please let us know and we can arrange a more suitable date. If you think that your appointment has been missed please contact the clinic co-ordinator so that we can look into it.

New symptoms

If your blood tests remain stable, it is very unlikely that you would develop any symptoms or problems related to your MGUS. If you have any new symptoms, such as those listed below, please contact your GP.

- extreme tiredness
- feeling short of breath

- recurrent infections
- bone pain affecting your back, ribs, arms or legs that worsens with movement
- nausea and/or vomiting
- confusion
- unexplained weight loss
- Swelling in feet
- Difficulty in swallowing
- Dry tongue
- night sweats
- new lumps or swelling, particularly in your neck, armpit or groin
- recurrent infections
- numbness of the hands or feet
- abnormal bleeding / Bruising

A very small number of people with MGUS will develop problems with vision. Please see an optician if you have any vision changes. They can then refer you to the ophthalmology (eye) department for further tests if they are worried that the changes are related to your MGUS.

Contact details

DAWN clinic coordinator Tel: 07929 793688

Monday to Friday 9am to 5pm (calls will be returned within 48 to 72 hours).

Email: uhl-tr.haematologydawnmailbox@nhs.net (email response will be within 5 days).

Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice
Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals.
To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہِ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
إذا كنت ترغب في الحصول على هذه المعلومات بلغةٍ أُخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો.

If you would like this information in another language or format such as EasyRead
or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net

We are a research hospital and you may be asked to take part in research

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