

Your Myeloproliferative Neoplasms Nurse Specialist (key worker) and the team looking after you

Cancer Services and Clinical Haematology

Produced: May 2023

Information for patients

Review: May 2026

Leaflet number:699 version: 5

Your Nurse Specialist (key worker) is:

Sarah Sands

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Email: sarah.a.sands@uhl-tr.nhs.uk

Hours of work: Monday to Friday 9am to 5pm (Excluding Bank Holidays)

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

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To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

Introduction

My name is Sarah Sands and I am the Nurse Specialist (key worker) for:

- Myeloproliferative Neoplasms (MPN)
- Essential Thrombocythaemia (ET)
- Polycythaemia vera (PV)
- Myelofibrosis

I am a member of the healthcare team looking after you. I will ensure that you, your family and friends have access to appropriate support and information. I will be available as a point of contact from your diagnosis, through treatment and beyond (should you need it).

My role

- To act as a point of contact to ensure that you receive high quality care at every stage of your illness.
- To act as a link between you and other members of your healthcare team, both in hospital and in the community and to refer you to them as appropriate.
- To provide you with information about your diagnosis, treatment options and possible side effects.
- To offer support to you, your family and carers.
- To help you to obtain financial and welfare rights advice, as appropriate.
- To provide information about support groups and other organisations that you may find helpful.

I can meet with you in the out-patient department, the day ward or on the ward. If you would like to contact me please use the numbers on the front of this leaflet.

If there is no answer, please leave a message; I may be with a patient or working in clinic. Messages are checked twice a day, and if I am not available because of a planned absence there will be a message telling you this.

The team looking after you

The team looking after you are called the blue team (other haematological diseases are cared for by different teams named after other colours).

The doctors in the team are:

Dr Garg
Dr Qureshi
Dr Wharin
Dr Asagba

Working with them will be specialist registrars, junior doctors and clinical nurse specialists (CNS, also known as your key worker). The blue team has a multidisciplinary team (MDT) meeting on Monday afternoon and an outpatient clinic on Friday morning.

The MDT is a team of health professionals with the skills necessary to diagnose and treat patients with your disease. It meets to ensure that all patients receive the most appropriate care suitable for them as an individual.

The team looking after you (continued)

The members of the blue team MDT are:

- The consultant haematologists who lead your care and are specialists in your disease.
- The clinical nurse specialist (key worker) who provides you with support, advice and information about your disease.
- A pathologist who will ensure your diagnosis is correct
- The MDT co-ordinator who ensures the appropriate information is available when decisions are made.
- A trials nurse who helps to ensure that you are offered the chance to take part in research where it is possible.

As a team we will always involve you in any decisions about your care. You and your GP will receive a letter from the team soon after diagnosis to ensure you have a record of these decisions.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk