

Haematology Helpline

24 hours a day / 7 days a week

Last reviewed: May 2024

Next review: May 2027

Leaflet number:749 Version: 2

For patients having chemotherapy

0808 178 2212

- You must check your temperature twice a day (morning and evening) and more often if you feel unwell.
- If your temperature is 37.5°C or above, you should contact the Haematology Helpline immediately and **leave a message** on the number above.
- If your temperature is normal (between 36.0°C and 37.0°C but you are shivering, or have any signs or symptoms of infection, such as diarrhoea or sore throat, you should still ring the number above.
- If you have a very low temperature (35.0°C or below) this can also be a sign of serious infection, so please ring the number above.
- **Please do not take paracetamol to reduce a high temperature—this is dangerous.** Although paracetamol will reduce your temperature, stop you shivering and make you feel better in the short term, it will **not** treat your infection. Reducing your temperature in this way while not treating an infection can be very dangerous. Please call the number above if you are in doubt.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk



Today's research is tomorrow's care

We all benefit from research. Leicester's Hospitals is a research active Trust so you may find that research is happening when you visit the hospital or your clinic.

If you are interested in finding out how you can become involved in a clinical trial or to find out more about taking part in research, please speak to your clinician or GP, or call 0116 258 8351.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਸਿ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚਿ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

Previous reference:

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk



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★ Leicester's Hospitals is a research active trust so you may find research happening on your ward or in your clinic. To find out about the benefits of research and become involved yourself, speak to your clinician or nurse, call 0116 258 8351 or visit www.leicestersresearch.nhs.uk/patient-and-public-involvement