

Your myeloma key worker (nurse specialist) and the team looking after you

Cancer Services and Clinical Haematology
Information for patients

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Your nurse specialist (key worker) is:

Cath Morrow

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(general enquiries only)

Hours of work: Monday to Friday 9am to 5pm

Emergency number: 0808 178 2212 (24 hours a day, 7 days a week)

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

Introduction

My name is Cath Morrow and I am the nurse specialist (key worker) for patients with myeloma.

I am a member of the healthcare team looking after you. I will ensure that you, your family and friends have access to appropriate support and information. I will be available as a point of contact from your diagnosis, through treatment and beyond (should you need it).

My role

- To act as a point of contact to ensure that you receive high quality care throughout your illness.
- To act as a link between you and other members of your healthcare team, both in hospital and in the community and to refer you to them as appropriate.
- To provide you with information about your diagnosis, treatment options and possible side effects.
- To offer support to you, your family and carers.
- To help you to obtain financial and welfare rights advice, as appropriate.
- To provide information about support groups and other organisations that you may find helpful.

I can meet with you in the Out-Patient Department, the Day Ward or on the ward. If you would like to contact me please use the details on the front of this leaflet. If there is no answer when you ring, please leave a message as I may be with a patient or working in clinic. Messages are checked twice a day and in my absence another member of the CNS team will respond to your enquiry.

The team looking after you

The team of health professionals looking after you is known as the multidisciplinary team, or MDT. The myeloma MDT is made up of:

Consultant haematologists - senior doctors who specialise in myeloma, its treatment and care.

They are: Dr Mamta Garg

Dr Linda Barton

Dr Shelina Sachedina

Dr Graham Asagba

Consultant haematologist (Transplant Specialist) - a consultant who specialises in high dose treatment or stem cell transplantation.

Myeloma nurse specialist (key worker) - who will act as a link between you and the rest of the team,

Consultant oncologist - a doctor who understands different cancers and is a specialist in cancer treatments.

Radiologist - a doctor who understands and interprets any scans or X-rays you have had.

Musculoskeletal interventional radiologist - specialises in techniques such as vertebroplasty and spinal problems.

MDT navigator - an administrator who ensures the smooth running of the MDT meetings.

The team looking after you (continued)

Other members of your health care team may be present at the MDT meeting: for example, a dietitian, occupational therapist, physiotherapist or palliative care nurse or doctor might be involved in this meeting.

What happens at the MDT meeting?

The MDT is there to ensure that each patient is given the same high standard of care, and has the most appropriate investigations and treatment, no matter who their GP is or which hospital they attend.

During the meeting, your healthcare team will look at your medical history and any relevant tests, scans, etc that you have had. As a team, they will decide on the best treatment plan for you, based on the results of these tests, taking into account the type of cancer you have, your general health and any other relevant issues. Your team may decide that you need to have further tests or be referred to other members of the healthcare team.

How will I find out the outcome of the MDT meeting?

A member of the team will discuss your treatment plan with you. This will usually be at your out-patient appointment, or may be by telephone if you have agreed to being contacted by telephone. Your GP will be informed of your treatment plan following your consultation. You will receive a copy of the letter written after your consultation through the post.

Sources of information and support

Macmillan Information and Support Centre

Telephone: 0116 258 6189

Email: cancerinfo@uhl-tr.nhs.uk

Website: www.leicestershospitals.nhs.uk/cancerinfo

Myeloma UK

Myeloma Infoline: 0800 980 3332

Macmillan Cancer Support

Freephone: 0808 808 00 00

Website: www.macmillan.org.uk

Leicester Myeloma Support Group

Ask your Myeloma Clinical Nurse Specialist for further information.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਸਿ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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