

Having Mytomycin treatment and trial without catheter (TWOC)

Department of Urology

Information for Patients

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Introduction

Your consultant has prescribed a dose of treatment for you following your operation to remove your kidney.

What is Mitomycin treatment?

Mitomycin is a chemotherapy medication that destroys cancer cells. This is a follow up treatment because of the cancer cells that were in your kidney.

How is the treatment given?

The treatment you will have is one dose of Mitomycin into your bladder approximately 10-14 days after your operation. You will be asked to attend the Day Case Unit at Leicester General Hospital for approximately 4 to 6 hours for your treatment to be carried out by a nurse. The Mitomycin treatment will be passed into your bladder using the catheter you already have in place.

A special valve will be put on your catheter so the Mitomycin does not drain out. The Mitomycin will be kept in place for one hour. The treatment will then be drained into your catheter bag. You will then be given some refreshments. Some patients are unable to hold the treatment in their bladder for one hour, we can talk to you about this at your appointment.

One hour later your catheter will be removed by a nurse. You will then be checked to make sure you are passing enough amounts of wee. Each time you pass wee it will be measured and a scan of your bladder will be done at your bedside by the nurse. This is to check you are not holding large amounts of urine in your bladder and to make sure you are emptying your bladder properly. You may be asked to pass wee two or three times. If you are able to pass satisfactory amounts of wee you will be discharged home.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

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To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

If you are not able to pass enough amounts of wee after the catheter has been taken out you may need to have another catheter. This will be in place for a few weeks. Another appointment will be made for you to have this removed at the hospital.

Are there any preparations I need to make?

Before you attend for treatment you can eat breakfast as normal, but it is important that you do not have a drink for 3 hours before your appointment as your bladder needs to be empty. This will help you hold the Mitomycin in your bladder.

There are a number of things you may want to bring with you to the unit such as:

- A dressing gown and slippers
- A book or magazine
- Any medicines you are taking

Are there any side effects I need to be aware of?

The nurse carrying out your treatment will be there to support you and answer any questions you may have regarding your treatment.

The side effects you may have are as follows:

- Blood in your wee
- Stinging or soreness when passing wee
- Urgency/frequency (needing to wee often and quickly)
- Irritation around the genital area
- Skin rash– this is rare

These symptoms are perfectly normal and may last for 48 hours after treatment. Do not hesitate to contact the Day Case Unit if you are unwell. You may take Paracetamol following treatment if it helps relieve some of your symptoms. If you develop a rash you must contact the Day Case Unit for advice. You may be asked to attend the Day case Unit for a doctor to check on you. You may be developing an allergic reaction or infection.

Is there anything I need to do after treatment?

After your treatment you will need to drink plenty of fluids (approximately two litres or three to four pints) for the first 24 hours to flush the Mitomycin out of your bladder. You also need to ensure the following procedures are carried out at home for six hours after treatment:

- Wash your hands and genitals after having a wee.
- Put bleach down the toilet after having a wee and leave for 30 minutes before flushing.
- Do not use creams or ointments on your skin. The Mytomycin can make the creams or ointments pass through the skin quicker and this can possibly be more harmful.
- you are advised to use condoms during sexual activity for the first 24 hours to prevent your partner being affected by the Mytomycin.

Is there anything I should tell the nurses?

You need to inform the nurses of any medicines you are taking. If you develop symptoms of a urinary tract infection (UTI) you may need antibiotics from your GP to clear the infection.

What will happen when my treatment has finished?

You will have an outpatient follow up appointment with the consultant a few weeks after your operation.

The following appointment has been made for you :

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Please ring the Day Case Unit if you are unable to attend for any reason.

Contact Numbers

- Day case Unit—0116 258 4191
- Bladder Instillation Nurse Specialist (for any problems due to treatment or side effects).
Monday to Friday - 7.30am-5.00pm -0116 258 4191
- Urology Oncology Nurse Specialists (Keyworker) (for general support relating to your cancer)
Monday to Friday- 9.00am– 5.00pm– 0116 258 4637
- Urology Nurse Specialists-
Monday– Friday– 9.00am-5.00pm– 0116 258 4635
- Outside of these hours– Urology Emergency Admissions
24 hours– 7 days per week– 0116 258 4247

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો
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Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

Previous reference:

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