

# Your Multidisciplinary Team (MDT) for Urology Cancer

Department of Urology

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Information for patients

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## The multidisciplinary team (MDT)

The team of health care professionals looking after you is known as the multidisciplinary team, or MDT.

### Health care professionals who may be part of your MDT:

**Consultant** - the doctor in charge of your care, an experienced specialist in his or her field.

**Oncologist** - a doctor who specialises in the treatment of cancer.

**Radiologist** - a doctor who understands and interprets any scans or X-rays you have had.

**Histopathologist** - uses specialised equipment to examine any tissue removed during biopsy. This enables the team to diagnosis the type and extent of the problem and also helps when planning further treatment that may be required.

**Clinical nurse specialist (CNS)** (also known as your key worker) - can provide support, advice and information about your cancer. He or she can explain the treatments available to you and can discuss any concerns you may have. The CNS will act as a link between you and the rest of the team, continuing to support you before, during and after your treatment.

**MDT co-ordinator** - an administrator who ensures the smooth running of the MDT meetings.

Other members of your health care team may also be present at the MDT meeting, for example, a dietitian, occupational therapist, physiotherapist or member of the palliative care team might be involved in the meeting.

Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice

Visit [www.uhleicester.nhs.uk](http://www.uhleicester.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [uhl-tr.informationforpatients@nhs.net](mailto:uhl-tr.informationforpatients@nhs.net)

## What happens at an MDT meeting?

The MDT is there to ensure that each patient is given the same high standard of care, and has the most appropriate investigations and treatment, no matter who their GP is or which hospital they attend.

During the meeting, your healthcare team will look at your medical notes and any relevant tests, scans etc that you have had. As a team, they will decide on the best treatment plan for you, based on the results of these tests, taking into account the type of cancer you have, your general health and any other relevant issues. Your team may decide that you need to have further tests or be referred to other members of the healthcare team.

## How will I find out the outcome of the MDT meeting?

A member of the team will discuss your treatment plan with you. This will usually be at your out-patient appointment, or may be by telephone, if you have agreed to being contacted by telephone.

Your GP will be informed of the MDT discussion by letter.

## Sources of information and support

### Urology Oncology Cancer Nurse Specialists (Key workers)

Telephone: 0116 258 4637 (Monday to Friday 9.00am to 4.30pm)

### Macmillan Information and Support Centre

Osborne Building, Leicester Royal Infirmary, LE1 .

Telephone: 0116 258 6189

Email: [uhl-tr.cancerinformationcentre@nhs.net](mailto:uhl-tr.cancerinformationcentre@nhs.net)

Website: [www.uhleicester@nhs.net](http://www.uhleicester@nhs.net)

### Macmillan Cancer Support

Freephone: 0808 808 00 00

Website: [www.macmillan.org.uk](http://www.macmillan.org.uk)

### Cancer Research UK

Freephone: 0808 800 4040

Website: [www.cancerresearchuk.org](http://www.cancerresearchuk.org)

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਸਿ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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