

# Your patient initiated follow up (PIFU) pathway (adults & children)

Information for Patients/Carers

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**This leaflet applies to adults, young people or your child if they are the patient under your care.**

Service / Speciality: \_\_\_\_\_

## What is patient initiated follow up?

After your recent consultation or treatment, your clinician has put you on a pathway which allows you to arrange (initiate) your own follow-up appointments. This is called the patient initiated follow-up (PIFU) pathway.

## How will the patient initiated follow up (PIFU) pathway help me?

PIFU allows you to make an appointment for your condition when you feel you need it. This is within a fixed time period and for specific reasons agreed between you and your clinician. This means you avoid having regular review appointments when you do not want or need them.

You or your carer can make a request to your service if you have concerns about your specific condition or symptoms. Your request will be reviewed by the team. They will contact you and offer advice or an appointment. This could be by telephone, video or face to face.

Further appointments can be made if they are needed after your first consultation.

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)

## Which symptoms would mean I need to come back to the clinic?

Your clinician will have spoken to you about which specific symptoms mean you should contact us for advice or an appointment.

You and your clinician can use the box below to make a note of any signs or symptoms that mean you should get in touch with your service. Some patients may have the list of symptoms detailed in their letter from this appointment.

Signs / symptoms:

- 
- 
- 
- 

## When can I not use this patient initiated follow-up (PIFU) pathway?

It is important to remember that your PIFU pathway only relates to the condition you are being treated for, and symptoms as noted above or in your letter.

You should not use your patient initiated follow-up (PIFU) pathway:

- if your concern is related to a different condition or symptoms other than agreed with your clinician.
- if the time period agreed for your pathway has ended.

If you or your child needs urgent medical advice you should contact your GP or the NHS helpline on 111.

## Details of your agreed PIFU Pathway

Consultation date: \_\_\_\_\_

Clinicians name: \_\_\_\_\_

As agreed with your clinician you will be on your PIFU pathway for:

☐ 3 months      ☐ 6 months      ☐ 9 months      ☐ 12 months      ☐ Other \_\_\_\_\_

If you have not contacted us within your PIFU time period, as shown above, you will be discharged back to your GP's care. If you need to be seen again after you have been discharged you will need to be referred to the service again by your GP.

## How do I contact my service for advice or an appointment?

If you have any of the agreed signs or symptoms, please contact your service for advice or to arrange (initiate) an appointment using the contact details given below or in your letter. You will then receive advice back from the service and will be offered an appointment if needed.

You can contact your service by

1. going to a link on your mobile phone, tablet, or computer:
2. scanning a QR code:
3. calling the service phone number:

Insert Digital PIFU  
label here

Your letter and this leaflet will contain information specific to you and your condition, such as:

- Which symptoms would mean you need to come back to the clinic
- Which symptoms would mean you should contact your GP Practice
- How to contact the hospital to get a clinic appointment.

## Giving us your feedback

If you have any concerns or complaints, or wish to give feedback or a compliment, you can speak to a member of staff within the service.

You can also contact our Patient Advice and Liaison Service (PALS) using the contact details below:

**Freephone:** 0808 178 8337

**Email:** pals@uhl-tr.nhs.uk

**Online contact form:** [www.leicestershospitals.nhs.uk/patients/patient-welfare/patient-information-and-liaison-service/contact-form/](http://www.leicestershospitals.nhs.uk/patients/patient-welfare/patient-information-and-liaison-service/contact-form/)

If you have any questions, write them down here to remind you what to ask when you speak to your nurse/ doctor/ consultant:

[illegible]

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
 على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل  
 જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।  
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

Previous reference:

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email [equality@uhl-tr.nhs.uk](mailto:equality@uhl-tr.nhs.uk)