

# Care after a targeted biopsy of the prostate

## Radiology Department

Information for Patients

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### **What happens after the procedure?**

Most people feel fine after the examination, and are allowed home after 1 hour.

You should make arrangements for somebody to take you home and ideally have somebody staying with you overnight in case you become unwell.

### **What if I see blood in my pee (urine) or from my bottom?**

If you have a biopsy of the prostate, it is quite common to see bleeding in either your pee or from your bottom for up to a week after the biopsy. Sometimes this may carry on for longer.

However, if the bleeding is very heavy or does not appear to be getting better, contact the Urology Emergency Admissions Unit on 0116 258 4247.

Some men also notice blood in their semen for up to 6 weeks after the biopsy. Do not worry - this will usually clear on its own.

### **What are the possible complications of a prostate biopsy?**

Bleeding is the most common complication, as described above. Serious complications are rare after prostate biopsies.

If you develop 'flu' like symptoms with a fever or temperature after the procedure, it could be a sign that you are developing an infection.

If this happens, you must contact Urology Emergency Admissions as soon as possible and ask to speak to either the Nurse in Charge or House Officer on call. This also applies through the night. You may be admitted to the Urology Unit for observation.

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)

**Emergency urology admissions contact numbers:****Monday to Friday 9am to 5pm - 0116 258 4247****Or outside of these hours call - 0116 258 8293****Ask to speak to the Nurse in charge of admissions or the Urology House Officer on call.****Follow-up**

After your biopsy you will be given an appointment to see your Urology Consultant in the Outpatient Department to discuss the results. Prostate biopsy results generally take 10 to 14 days to process. You may want to bring a relative or friend to this appointment.

If you do not receive an appointment in the post within 3 weeks, please contact the Urology Oncology Nurse Specialists on 0116 258 8328.

**Contact details**

If you have any concerns or need any further information about the procedure, please do not hesitate to contact us using the numbers below.

- **Urology Nurse Specialists** - Urology Assessment Centre, Leicester General Hospital  
**0116 258 4635** (Monday to Friday, 9am to 5pm)
- **Urology Oncology Nurse Specialists (Key Workers)** - Leicester General Hospital  
**0116 258 8328** (Monday to Friday, 9am to 5pm)

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل  
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।  
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email [equality@uhl-tr.nhs.uk](mailto:equality@uhl-tr.nhs.uk)