

Care after an X-ray barium swallow or meal test

Department of Radiology

Information for Patients

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Important information

Your examination is now finished. As part of your examination you may have been given an injection of a medicine called Buscopan[®]. This helps to relax the muscles of the bowel so we can get clearer X-ray pictures during your examination.

This leaflet gives you important information about possible side-effects from Buscopan, and advice after your examination.

What are the side-effects of a Buscopan injection?

Possible side-effects from a Buscopan injection are:

- **Eye pain** - rarely, patients who have had Buscopan may get pain in their eyes.
If you have any pain in your eyes in the next 24 hours, please go to your nearest Eye Casualty straight away. Tell the doctor that you have had an injection of Buscopan and show them this leaflet.

In Leicester the Eye Casualty Department is at Leicester Royal Infirmary and is open:

- Monday to Friday, 8.30am to 4.30pm
- Saturday, Sunday and Bank Holidays, 8.30am to 12.30pm

For emergencies outside of these times, you can attend the main Emergency Department, and you will be referred to the on-call eye team if needed.

If you are not sure if you need to go to Eye Casualty, you can call the NHS helpline on 111 or call Eye Casualty at Leicester Royal Infirmary on 0116 258 6273.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

- **Blurred vision** - Buscopan can cause the muscles of your eyes to become relaxed as well as the muscles of your bowel. This may cause blurred vision in some patients. If your vision is blurred this usually only lasts for a short time.

Do not drive until your eyesight returns to normal.

- **Dry mouth** - Buscopan may cause you to have a dry mouth. This will not last long.

After your examination

You may eat and drink as usual after your examination.

Remember to drink plenty for the rest of the day to prevent dehydration.

For a few days after you should eat a high fibre diet, such as Weetabix, wholemeal bread, fruit and vegetables, unless told not to eat such a diet by your doctor.

The barium that you had to drink for the examination will pass out of your body within a few days. This means your poo may look white or pale for a few days.

Drinking plenty of fluids and having a high fibre diet should help to keep your bowel moving well and prevent you becoming constipated.

How will I get the results of my examination?

The results of your examination will be sent to your consultant in the outpatient department. They will then send you an appointment to come back to the clinic or to talk to you via a telephone appointment (you may already know when this appointment is).

If your GP sent you for this examination, they will be sent the results within 7 to 10 days.

What if I need to talk to someone?

If you have any questions or concerns please call the Radiology Department on **0116 258 8765** (option 7) - Monday to Friday, 9am to 5pm, excluding bank holidays.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk