

# When you have hurt your brain

## Neurology Department

Information for Patients

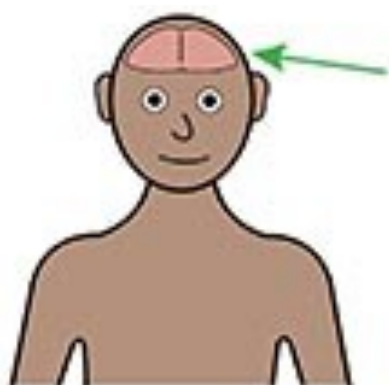
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Some people will need someone to help them to go through this information so they understand it. This may be a member of staff, a family member or a friend.



You have hurt your brain. You are being looked after in either the **Brain Injury Unit** or the **Neuro Rehabilitation Unit**. This is the part of the hospital where people who have hurt their brain are looked after.

Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)



You will meet lots of different staff.  
They will work together to help you.



You will stay here until you are well enough to leave hospital.



There may be times when the hospital does not allow family, carers or friends to visit you everyday.

This might be when we are trying to stop the spread of infections.

You can see them using a hospital ipad or talk to them on the phone.

**ask**



You can ask any of the staff for help or if you have any questions.

## The people looking after you

### physiotherapist



A physiotherapist helps you to get stronger so that you can move more.

### occupational therapist



An occupational therapist helps you to do daily tasks like:

- getting dressed
- cooking
- think how to work out problems

They can give you equipment which can help make some tasks easier at home.

### speech and language therapist



A speech and language therapist helps you with:

- communicating
- problems with swallowing
- reading and writing

### dieticians



A dietitian helps to make sure you are having the right food and drink.

This is important to help your body try and get better.

### psychologist



A psychologist can help you with:

- thinking and solving problems
- your feelings

**doctors**

Doctors will check your health and work out what medication you might need.

**nurse****nurse station**

Nurses and health care assistants will look after you day and night.

They will talk to the other people in the team and check you have everything you need.

Other people may come to help you.

**If you want more help**

[www.nhs.uk](http://www.nhs.uk)



111 for help that is not urgent

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email [equality@uhl-tr.nhs.uk](mailto:equality@uhl-tr.nhs.uk)