

When you have had a brain injury

Neurology Department

Information for Patients

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	<p>You might need someone to help you read and understand this information.</p> <p>This may be a member of staff, a family member or a friend.</p>
	<p>You have had an injury to your brain.</p> <p>You are being looked after in either the Brain Injury Unit or the Neuro Rehabilitation Unit.</p>

Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice

Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net



You will meet lots of different staff.
They will work together with you, your family, and friends to think about some **goals** you can work on.



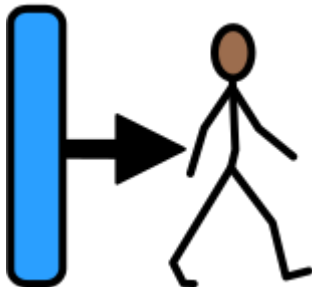
Your goals will be about things that are **important** to you.

Here are some examples of some goals:

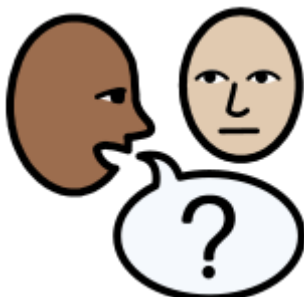
- Cooking
- Walking
- Going to groups



Your own goals might be different to these ones.



You will stay here until you are **well enough** to leave hospital.

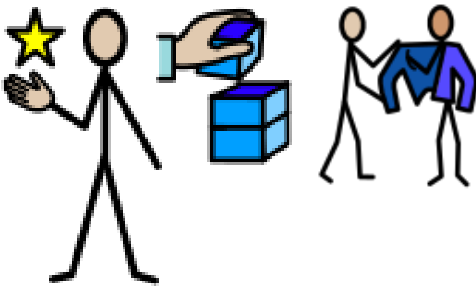


You can ask any of the staff for help or if you have any questions.

The people looking after you



A **physiotherapist** helps you to get stronger so that you can move more.



An **occupational therapist** helps you to do daily skills like:

- getting dressed
- cooking
- Thinking skills

They can give you equipment which can help make some things easier at home.



A **speech and language therapist** helps you with:

- talking
- problems with swallowing
- reading and writing



A **dietician** helps to make sure you are having the right food and drink.

This is important to help your body try and get better.

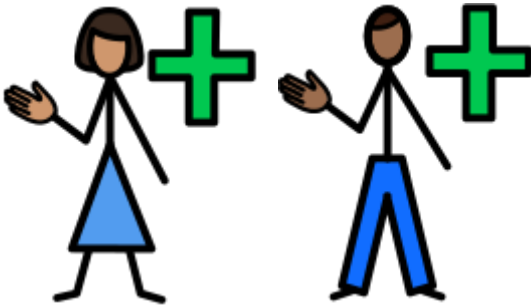


A **psychologist** can help you with:

- thinking skills and solving problems
- your feelings



Doctors will check your health and work out what medication you might need.



Nurses and health care assistants will look after you day and night.

They will talk to the other people in the team and check you have everything you need.

Other people may come to help you.

If you want more help:



www.nhs.uk



111 for help that is not urgent

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿੱਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net