

Your referral to the Pain Management Service

Pain Management Service

Information for Patients

Produced: June 2025

Review: June 2028

Leaflet number: 1628 Version: 2

Your referral

You have received this leaflet because your GP or Carer has referred you to our Pain Management Service.

We aim to help you find management strategies to help you deal with your pain.

We use a broad approach to pain management. We will explore different pain management strategies with you.

We cannot:

- We do not help to make a diagnosis.
- We do not help with carrying out more investigation(s) of your pain.
- We do not rely on medications alone as a long term plan for managing lasting pain. We try to reduce many of the medications our patients take.
- We do not assess any functional capacity or ability. So we will not be able to help in the assessment of your capacity to work.

In a selected group of patients we do give injections. But this is only to help manage pain in a better way. It is not to provide a cure. Injections have limitations so it is a small part of our treatment plan.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk



More information

We encourage you to look at pain management resources.

The pain toolkit: Written by a patient, this website looks at different self-management strategies.

www.paintoolkit.org.

Understanding and managing pain

www.britishpainsociety.org/static/uploads/resources/files/book_understanding_pain.pdf

Understanding pain: What to do about it in less than five minutes.

www.youtube.com/watch?v=5KrUL8tOaQs

If you do not think our service is suitable for you please tell your GP and try to cancel your appointment as quickly as possible. This will help us give your appointment to another patient.

Contact details:

0116 258 8253

Pain Management Team Leicester

General Hospital Leicester

LE5 4PW

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

Previous reference:

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk