

The breast care nursing team (key workers)

Breast Care Centre

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Information for Patients

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Your Key Worker/ Clinical Nurse Specialist is:

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Contact Number: 0116 250 2513

Answer machine service available.

Monday to Friday 9.00am to 4.00pm (excluding Bank Holidays)

Website: www.uhleicester.nhs.uk/services/breast-care/

Introduction

The Breast Care Nursing Team aim to deliver a high quality, equitable standard of individualised patient care.

We aim to provide information and support to our patients, their families and carers whilst they are undergoing investigations, diagnosis, treatment and rehabilitation of breast diseases.

By providing a shared approach to your care we try to meet your needs with sensitivity, understanding and dignity.

The role of your specialist nurse is to provide ongoing information and emotional support from the point of diagnosis and beyond.

Your nurse may also be referred to as your **Breast Clinical Nurse Specialist or Key worker**.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals

To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.uk

Your Keyworker/clinical nurse specialist

Please ask your consultant or a member of the nursing team if you are not told who your Key Worker is. You should always know who they are and how to contact them.

You may not always see or speak to your keyworker, but you can speak to any of the breast care nursing team as they work closely in a shared care approach.

Your care will take place in a variety of settings, such as in hospital and the community, and your key worker will change at various times. However, it will always be the most appropriate person for your circumstances.

When your hospital treatment is finished and you are at home, your GP will be your first point of contact and may allocate another health care professional, such as a district nurse, to be your key worker.

Examples of discussion topics

Some of the things you may wish to discuss with us are:

- Prosthesis fitting and bra advice
- Reducing the risk of lymphoedema
- Social and financial issues
- Wound care and seroma information
- How to arrange ongoing support following discharge from hospital
- Treatments such as chemotherapy, radiotherapy, breast reconstruction and any other issues relating to your treatment
- Post-operative arm exercises and pain control
- Emotional and psychological support.
- Endocrine (hormone) treatment

If we do not have the answer to your question, we will find the right person to help you. Other health care professionals, including ward and clinic nurses and your medical team, will also support you.

What is a Holistic Needs Assessment (HNA)?

This is another chance for you to think about your concerns and discuss possible solutions with your key worker or cancer support worker. It gives you the time to explore what resources, help and support are available.

Please ask for a Holistic Needs Assessment if you think that this would be helpful for you.

For more information go to <https://www.macmillan.org.uk/cancer-information-and-support/treatment/coping-with-treatment/holistic-needs-assessment-hna>

Further information

Macmillan Information and Support Centre

Osborne Building, Leicester Royal Infirmary, LE1 5WW

Telephone: 0116 258 6189

Email: uhl-tr.cancerinformationcentre@nhs.net

Website: www.uhleicester.nhs.uk/cancerinfo

Scan the QR code below to contact the **Breast CNS** at University Hospitals of Leicester:



www accurx.nhs.uk/p/RWEBBCNS

This is for non urgent requests, for urgent help please call 111 or 999

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net