

Your Multidisciplinary Team (MDT) for Breast Cancer

Breast Care Centre
Information for Patients

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The multidisciplinary team (MDT)

The team of health professionals looking after you is known as the multidisciplinary team, or MDT.

Healthcare professionals who may be part of your MDT:

Surgeon or oncoplastic surgeon - who specialises in breast surgery and may also specialise in breast reconstruction.

Oncologist - a doctor who specialises in the treatment of breast cancer such as; chemotherapy, radiotherapy, hormonal therapy and targeted therapy.

Radiologist - a doctor who understands and interprets any scans or x-rays you have had.

Histopathologist - uses specialised equipment to examine any tissue removed during biopsy. This enables the team to diagnosis the type and extent of the problem and also helps when planning further treatment that may be required.

Clinical nurse specialist (CNS) / Breast Care Nurse (also known as your key worker) -can provide support, advice and information about your cancer. He or she can explain the treatments available to you and can discuss any concerns you may have. The CNS will act as a link between you and the rest of the team, continuing to support you before, during and after your treatment.

MDT Navigator - an administrator who ensures the smooth running of the MDT meetings.

Other members of your health care team may also be present at the MDT meeting, for example, a dietitian, occupational therapist, physiotherapist or member of the palliative care team might be involved in the meeting.

What happens at an MDT meeting?

The MDT is there to ensure that each patient is given the same high standard of care, and has the most appropriate investigations and treatment, no matter who their GP is or which hospital they attend

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

What happens at an MDT meeting? (continued)

During the meeting, your healthcare team will look at your medical notes and any relevant tests, scans etc that you have had. As a team, they will decide on the best treatment plan for you, based on the results of these tests, taking into account the type of cancer you have, your general health and any other relevant issues. Your team may decide that you need to have further tests or be referred to other members of the healthcare team.

How will I find out the outcome of the MDT meeting?

A member of the team will discuss your treatment plan with you. This will usually be at your out-patient appointment, or may be by telephone, if you have agreed to being contacted by telephone. Your GP will be informed of the MDT discussion by letter. You will also receive a copy of this letter.

Sources of information and support

Breast Care Nurse team (Key workers)

Are available Monday to Friday 9.00am to 4.00pm (excluding Bank Holidays).

Office telephone: 0116 250 2513.

An answer phone service is available on this number messages will only be listened to during our working hours.

Cancer Information Centre

Osborne Building, Leicester Royal Infirmary, LE1 5WW

Staff will provide you with the information you need, or signpost you to help and support available locally and nationally.

Opening hours: Monday to Friday 9.30 am to 4.30 pm

Telephone: 0116 258 6189

Email: cancerinfo@uhl-tr.nhs.uk

Website: www.leicestershospitals.nhs.uk/cancerinfo

Macmillan Cancer Support

For information and support from cancer support specialists.

Freephone: 0808 808 00 00

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਸਿ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk