

# Welcome to the Kinmonth unit (Leicester Royal Infirmary)

## Kinmonth unit

Information for Patients

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## Introduction

At the Kinmonth unit, our aim is to offer excellent care. We welcome all patients with dignity and respect. Our team always puts our patient's needs first.



We are in the Balmoral building of Leicester Royal Infirmary on Level 3.

We have 14 beds each in their own side room. We look after patients who have had surgery. This includes:

- Burns and plastics,
- Ear, nose and throat (ENT)
- Mouth, jaw and face (maxillofacial)

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.uhleicester.nhs.uk](http://www.uhleicester.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [uhl-tr.informationforpatientsmailbox@nhs.net](mailto:uhl-tr.informationforpatientsmailbox@nhs.net)

## Facilities

You will have your own room.

There are showers available for you to use. These are shared bathrooms. There is a bathroom for males and a separate bathroom for females.

You can find out more about the unit by scanning this QR code:



## What do I need to bring with me?

You can bring your own personal items. You will be responsible for them. Any items lost or missing is not the hospital's responsibility. We recommend you do not bring valuable belongings on to the unit.

We suggest bringing items like:

- pyjamas/night gown
- dressing gown
- slippers
- going home clothes
- shoes
- Underwear
- phone and phone charger
- laptop
- hair straighteners
- ear phones/head phones
- toiletries
- favorite eye mask/hat clothing
- reading glasses
- kindle/ books

## Mealtime

Meal times happen routinely at the same time each day. **Breakfast** is between 6am to 9am. **Lunch** is at 12pm (afternoon). **Supper** is at 5pm.

We have many kinds of meal choices from our catering team.

We cater for the following:

- gluten free
- allergy free
- halal and kosher
- vegetarian
- vegan

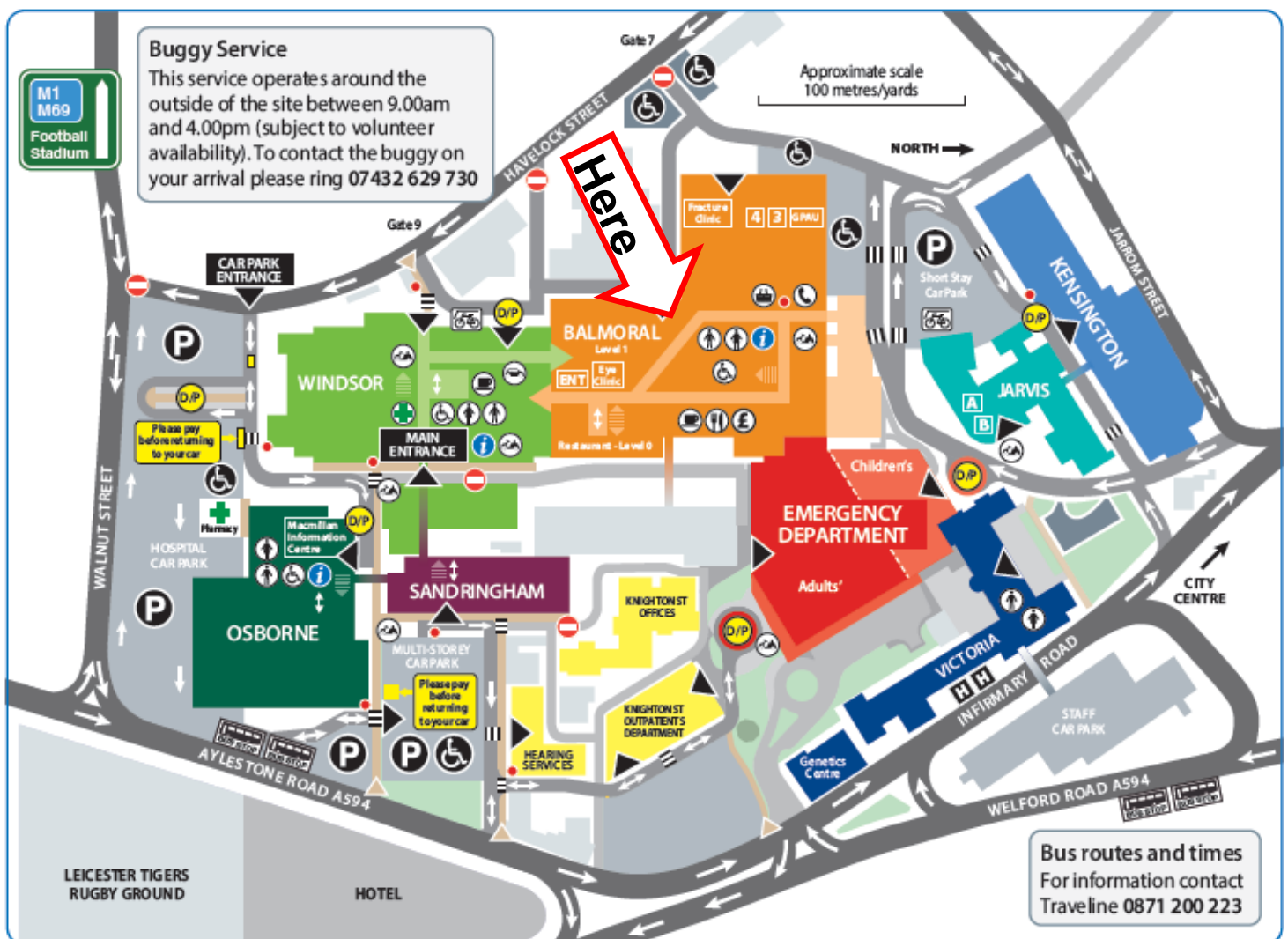
## What about snack and drinks during the day?

We will give you multiple drinks rounds throughout the day. These drinks include tea, coffees, hot chocolate and fortisip.

You can bring food from home. Please read leaflet: [‘A guide to the types of food you can bring into hospital for patients’](#) or search leaflet number 1565 on [YourHealth](#). This leaflet will tell you what you can bring and cannot bring to the hospital.

## Visiting times

Visiting times are 11am to 8pm. Here is the Balmoral building on the map.



## Ward rounds

If you or your family members would like to speak to the team, you will need to book an appointment. However, this may not always be a same day appointment.



## Leaflets to help you get better and go home:

You can find these leaflets on [YourHealth](#):

- Reducing the risk of blood clots while you are in hospital or search 338
- Reducing the risk of blood clots when you go home or search 339
- How to use antibacterial wash and nasal ointment to reduce the risk of infection or search 267
- Reducing the risk of MRSA infection or search 264
- Preventing and treating pressure ulcers or search 215
- Supporting you to leave hospital when you may need ongoing care or search 166

## Tell us how we did

We are always looking at ways to improve our quality of care.

Please scan the QR code on your phone/ tablet to make suggestions.

Thank you, your feedback is important to us!



## The Daisy Award

Do you want to say thank you to your nurse?

Have they gone above and beyond in providing care?

The **DAISY** Award is a chance to say thank you. You can share your story of how a nurse or midwife made a difference you will never forget.



## Contact details

Kinmonth Ward: **0116 258 5327**

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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