

Aftercare for an intravitreal injection in your eye

Department of Ophthalmology

Information for Patients

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How will my eye feel after the injection?

The white of your eye may be slightly red and uncomfortable for a few days, especially around the injection area. This is normal and you may take painkillers if you have any discomfort.

How will it affect my vision?

Your vision in that eye will be blurred for a few days and you may see black spots (floaters) in your vision. This is normal and should disappear in a few days.

What advice do I need to follow after having the injection?

- Do **not** get your injected eye wet for 24 hours after your injection.
- Do **not** carry out energetic physical exercise for 24 hours after your injection.
- If you are a car driver and are eligible to drive, **do not drive your car for 24 hours after your injection**. You can ask staff for advice about your legal driving status if you are not sure.
- Use the eye drops as advised.

Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

What should I do if there is a problem?

Please contact the Eye Department if you have any of the following:

- sudden increase in redness, swelling or pain in the injected eye.
- loss of vision.
- new chest pain.
- slurred speech or weakness in any part of the body.

Contact details

If you have any other concerns or questions, or have any of the symptoms mentioned, please contact the Eye Department at Leicester Royal Infirmary:

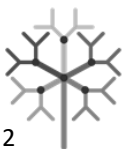
- **Ophthalmology Suite:** 0116 258 6248 Monday to Friday - 8am to 8pm.
- **Eye Casualty:** 0116 258 6273 Monday to Friday - 8.30am to 4.30pm; weekends & bank holidays - 8.30am to 12.30pm.

Outside of these hours please contact your GP or your local Emergency Department.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk



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