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Having your eye pressure checked when you start taking a steroid medication

Ophthalmology Department

Information for Patients

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Next review: July 2029
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Please bring this leaflet with you for your appointment

Date of appointment:

Time of appointment:

Why do I need this appointment?

As part of the treatment for your eye condition, you need to take steroid medication for a short time. This can sometimes cause changes to your eye pressure. We need to check your eye pressure within 2 to 3 weeks of you starting this medication to see if any changes have happened.

- Most people have no major issues with using steroid medications.
- About 1 in 3 people will have a rise in eye pressure above normal levels.
- About 1 in 20 people will have a very high eye pressure rise. This can cause a condition called glaucoma if it is not treated. Scan the QR code or ask any member of staff within the department for leaflet 1303 Understanding glaucoma.

What happens at my appointment?

Your appointment will be at eye casualty on level 1 of the Windsor building at Leicester Royal Infirmary. Please tell the staff at the eye casualty reception desk that this appointment is to check your eye pressure and show them this leaflet.

You will see a healthcare assistant who will ask if your symptoms are getting worse. They will also measure your eye pressure. They will use the same hand-held device that you would have had your eye pressure measured with in your previous visits.

What happens after my eye pressure has been measured?

- If your eye pressures are within a normal range and your symptoms are not getting worse, you will be discharged. You can continue to take the medications that you have already been prescribed. Please make sure you have enough medication to last until you have finished your treatment. If you do not have enough medication, please tell the healthcare assistant measuring your eye pressure. We can arrange to give you another prescription.
- If your eye pressures are too high or if your eye symptoms have got worse, then you may need more tests and assessments. You will be booked into eye casualty for the same day. You will need to wait to be seen. This may take up to 4 hours depending on how busy the department is.

Contact details

Eye Casualty Department: 0116 258 6273

Monday to Friday - 8.30am to 4.30pm

Saturday, Sunday and Bank Holidays - 8.30am to 12.30pm

Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice

Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals.

To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہِ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

إذا كنت ترغب في الحصول على هذه المعلومات بلغةٍ أُخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો.

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net

We are a research hospital and you may be asked to take part in research

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