



Next review:

# Having a Visual Field test

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## Introduction

Your doctor or consultant has referred you to our department for visual field testing. We hope that this leaflet will answer any questions that you may have.

#### What is a visual field test?

A visual field test checks your central and side (peripheral) vision. It can find problems that might suggest certain eye conditions, or changes in already diagnosed conditions.

### What does the appointment involve?

You may have done a similar visual field test at the opticians, but the one at hospital is usually different and often longer.

You will be asked to look at the fixed target in a curved screen throughout the test. An intermittent flashing light will appear on screen and you will be asked to press a response button every time you see that light flash.

The result of your test will be sent to the doctor who requested it. Please note that the technicians are unable to give you any results on the day.

#### What should I bring with me?

You will need to bring either the glasses you use for distance (driving/television) or your latest optician's prescription.

#### Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk



#### Information about your visual field test

- The Visual Field room is in the ophthalmology department, Windsor level 1. Please report to the reception desk when you arrive.
- We aim to see you within 20 minutes of your appointment time, If you are kept waiting for longer than this please speak to reception staff.
- If you bring a friend or relative with you, they will be asked to wait in the waiting area whilst you have your test, as we have limited space in our testing room.
- The visual field technicians will not ask you any questions about your eye condition or general health.
- You don't need to bring any health or medical information with you to this appointment.
- The technician will not be able to answer any questions you have about your eye condition.

### What if I can't attend my appointment?

If you are unable to attend, need to change your appointment, or have any further queries, please contact us directly on (0116) 258 6877.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہِ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔ علی هذه المعلومات بلغةٍ أُخری، الرجاء الاتصال علی رقم الهاتف الذي يظهر في الأسفل જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ `ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ। Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk

