

Welcome to Trauma and Orthopaedics

Trauma and Orthopaedics

Information for Patients

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Introduction

This leaflet aims to provide trauma patients and their families with information to help navigate their stay at Leicester Royal Infirmary (LRI).

Location of the main adult trauma wards

- Ward 32, Windsor Building, Level 5
- Ward 17 or 18, Balmoral Building, Level 5

Contact details

Main hospital phone: **0300 303 1573**

Ward 17: 01162585323

Ward 18: 01162585246

Ward 32: 01162585373

Visiting Hours

Every day, 11am to 8pm

Please remember: no smoking anywhere in the hospital.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals.
To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

Food and drink

LEat Street, Balmoral Building (Ground Floor):

- Sells hot and cold meals, sandwiches, snacks, and drinks.
- Open all day every day

LEat Express, next to the main restaurant entrance:

- Sells drinks, cakes, sandwiches, snacks.
- Open 8am to 4pm, Monday to Friday.

LEat Café, inside Balmoral restaurant:

- Similar food as LEat Express.
- Open 7am to 4pm, Monday to Friday.

LEat Osborne Café, Osborne Building (Ground Floor):

- Sells drinks, sandwiches, snacks.
- Open 8am to 2:30pm, Monday to Friday.

RVS Café, Windsor Building (Ground Floor, near lifts):

- Sells drinks, snacks, cakes, sweets.
- Open 8am to 7pm, Monday to Friday.

Vending machines

- Found around the hospital.
- Windsor Building, outside Ward 32 (Level 5, near stairs/lifts).
- Sells drinks and snacks.

Shops

WHSmith, Balmoral Building, Level 1 (near reception):

- Sells newspapers, books, pens, gifts, snacks
- Costa coffee machine inside
- Open: Monday to Friday: 7am to 8pm. Saturday to Sunday: 9am to 6pm

TrustMed Medicine Shop

Near the main Havelock Street Car Park, next to Osborne and Windsor buildings (follow the signs):

- Gives out medicine and advice.
- Open:
 - Monday to Friday: 8:30am to 8pm
 - Saturday to Sunday: 9am to 7pm
- Phone: **0116 254 1446**
- Ask staff for a leaflet on TrustMed Pharmacy for more information.

Rest areas

Chairs for visitors are near reception, in halls, and in cafés.

Nearby hotels

- **voco Leicester by IHG:** 101 Welford Rd, LE2 7QS / **0116 366 5693**
- **Premier Inn Leicester City Centre:** St. Georges Tower, LE1 1AA / **0333 003 7695**
- **Travelodge Leicester Central:** Vaughan Wy, LE1 4NN / **0871 984 6254**

Religious support

The Chapel and Prayer Room are near main reception and open to everyone. Our faith support team can visit you on the ward.

Phone: **0116 258 5487**

Ask staff for the Hospital Chaplain leaflet to learn more.

Carer's passport

If you care for someone who needs help because of illness or disability, you can ask for a Carer's Passport.

This can:

- help with free meals,
- extended visiting times,
- reduced hospital parking costs,
- make it easier for you to get help or other services.

You can ask our staff for a leaflet or scan the QR code above.



Parking

- Car parks use cameras to check number plates.
- Park, visit, then pay before leaving.
- Main car park (Havelock Street): open all day, every day.
- Emergency Car Park: pay-and-display (cash only)

Charges

- Daily ticket: £8.00 to £11.00
- Buy at the car park office (lasts until midnight).
- Some people can get free parking.
- Visit this link for more information: www.uhleicester.nhs.uk/hospitals/leicester-royal-infirmery/parking/

Car park office location

Windsor Building, Ground Floor

Follow signs from Havelock Street car park.

Open 8 am to 4 pm, Monday to Friday.

You can ask our staff for a leaflet on parking at Leicester Royal Infirmery for more information.



More information

Here are some useful leaflet links:

Reducing the risk of blood clots when you go home

Search for the title leaflet no.339 on <https://yourhealth.leicestershospitals.nhs.uk/> or scan the QR code:

Hip replacement surgery

Search for the title leaflet no.1268 on <https://yourhealth.leicestershospitals.nhs.uk/> or scan the QR code:



How to care for a wound closed with stitches or staples after an injury

Search for the title leaflet no.1221 on <https://yourhealth.leicestershospitals.nhs.uk/> or scan the QR code:



You can also ask our staff for a physical copy of these leaflets. If you have any other questions, please do not hesitate to ask our staff.



اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net

How to get to the Hospital

Leicester Royal Infirmary, Infirmary Square, Leicester LE1 5WW
www.leicestershospitals.nhs.uk



Bus routes and times
For information contact
Traveline 0871 200 223

Key

Bus stop / Hospital Hopper		
Parking / Disabled parking		
Car park office		
Public bicycle park		
Buggy point		
Zebra crossing		
Roads / No entry		
Drop off / Pick up point		
Building / Grounds / Car park entrance		
Pedestrian access / Pathway		
Toilets		
'You are Here' maps		
Reception		
Cafe / Restaurant		
Pharmacy		
Public telephones		
Shop / Cash point		
Outpatient departments		