

Your appointment at the Rapid Access Chest Pain Clinic

Department of Cardiology

Information for Patients

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Introduction

You have been referred to us so that we can assess your chest pain and see if it is related to your heart. This service offers all appointments within 2 weeks of receiving a referral.

There is a very high demand for appointments so please let us know as soon as possible if you cannot attend by calling 0116 258 3084.

When you arrive at Glenfield Hospital, follow the signs to the **Glenfield Chest Pain Centre**.

If you have any concerns on the day, please speak to a member of our staff who will be happy to help you.

Information on travel and parking are available on our website or you can contact us and ask a member of staff: <https://www.leicestershospitals.nhs.uk/patients/getting-to-hospital/>

Do I need to do anything before my appointment?

No preparation is needed. None of the tests you will have will prevent you from eating and drinking, taking your normal medication, or driving, unless informed otherwise.

Water is available in the clinic and there is a shop on site to buy any refreshments if needed.

Please bring a copy of your repeat prescription or any medication that you are taking with you.

You will need to remove the top half of your clothing, so you may wish to wear something that you can easily remove.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

What tests will I have?

You will be assessed by an Advanced Clinical Practitioner or a Cardiac Nurse Specialist.

We will ask you questions about your chest pain and carry out the following tests:

- We will measure your height and check your weight.
- You will have an ECG trace of your heart. An electrocardiogram (ECG) is a simple test to check your heart's rhythm and electrical activity. **Please don't apply body lotion to your skin as this will make it difficult to carry out the ECG.**
- We will carry out a physical examination which will include listening to your heart and lungs.
- We will check your blood pressure.

We will then make a decision about any further tests you may need, which will be carried out in the clinic. This may include:

- a blood test.
- a chest X-ray.

How long will it take?

Please be prepared to be in the clinic for up to 2 to 3 hours.

What happens after my assessment?

After your assessment we may need to discuss the outcome with a doctor to make a plan. This will be explained to you along with any on-going care if needed. This may include medication or follow-up appointments with a consultant, or a referral for further tests as an outpatient once you have left this clinic.

A discharge letter with the outcome of your visit to the clinic will be available to view by your GP via the online system we use. A copy of this letter will be sent to you.

If you have any concerns about further tests you may have been referred for, or your test results, please contact the secretary of your consultant who will be happy to help you (the name of your consultant will be included in your discharge letter).

Giving us your feedback

Before leaving please leave any comments on our iPad for the 'Family and Friends' feedback. Or you can use your mobile phone to scan the QR code in our waiting area for quick access to the online feedback form.

Contact details

If you need any further assistance or have questions about your appointment, please contact the clinic on **0116 258 3084**.

If you have any questions, write them down here to remind you what to ask when you speak to your nurse/ doctor/ consultant:

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk