

# Your appointment at the Rapid Access Chest Pain Clinic

Department of Cardiology

Information for Patients

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## Introduction

You have been referred to us to assess your chest pain and to see if it is related to your heart. We try to offer appointments within 2 weeks of getting a referral.

There is a high demand for appointments. **Please let us know as soon as possible if you cannot attend. Call 0116 258 3084.**

At Glenfield Hospital, follow the signs to the **Glenfield Chest Pain Centre**.

If you have any concerns on the day, please speak to a member of our staff. They will be happy to help you.

Information on travel and parking are available on our website, or you can contact us and ask a member of staff: [www.uhleicester.nhs.uk/hospitals/glenfield-hospital/directions/](http://www.uhleicester.nhs.uk/hospitals/glenfield-hospital/directions/)

## Do I need to do anything before my appointment?

You do not need to do anything.

You will not need to stop eating, drinking, taking your normal medicines, or driving, unless we let you know otherwise.

Water is available in the clinic. There is a shop on site to buy any refreshments if needed.

**Please bring a copy of your repeat prescription or any medicine that you are taking with you.**

You will need to remove the top half of your clothing. You may want to wear something that you can easily remove.

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.uhleicester.nhs.uk](http://www.uhleicester.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [uhl-tr.informationforpatientsmailbox@nhs.net](mailto:uhl-tr.informationforpatientsmailbox@nhs.net)

## What tests will I have?

An Advanced Clinical Practitioner or a Cardiac Nurse Specialist will assess you.

They will ask you questions about your chest pain and carry out the following tests:

- measure your height and check your weight.
- ECG trace of your heart. An electrocardiogram (ECG) is a simple test to check your heart's rhythm and electrical activity. **Please do not apply body lotion to your skin as this will make it difficult to carry out the ECG.**
- physical examination. We will listen to your heart and lungs.
- blood pressure.

We will then make a decision about any more tests you may need. These will be carried out in the clinic. This may include:

- a blood test
- a chest X-ray

## How long will it take?

You will be in the clinic for up to 1 to 2 hours.

## What happens afterwards?

Afterwards we may need to talk about the outcome with a doctor to make a plan. This can include talks about:

- medicines
- follow-up appointments with a consultant
- referral for more tests as an outpatient once you have left this clinic

We will explain this to you along with any on-going care that you may need.

Discharge letter with the outcome of your visit to the clinic will be available to view by your GP through the online system we use. We will send you a copy of this letter.

If you have any concerns about any tests you may have been referred for, or your test results, please contact the secretary of your consultant. The name of your consultant will be written in your discharge letter.

## Giving us your feedback

Before leaving please leave any comments on our iPad for the 'Family and Friends' feedback. Or you can use your mobile phone to scan the QR code in our waiting area for quick access to the online feedback form.

