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Getting supplies of your anti-rejection medicines after a kidney transplant

Renal and Transplant Department

Information for Patients

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Introduction

This leaflet explains how to get supplies of your anti-rejection medicines after a kidney transplant. If you need more information please speak to your transplant pharmacist, doctor or nurse. You can contact them on the phone numbers at the end of this leaflet.

This information is also available in a short video. Use your smart phone to scan this QR code to watch the video.

Or, you can find the video from this link:
https://youtu.be/obMwErHr8kw?si=-A4awLECMIx6T3bv

Your anti-rejection medicines protect your kidney transplant and keep it working well. The transplant team will tell you the right amount of medicines to take. They will make sure that all your medicines work well together.

How do I get my anti-rejection medicines?

When you leave hospital after your kidney transplant, you will be given a supply of your new anti-rejection medicines to take home.

Then you will get prescriptions for these medicines from the doctors in the transplant clinic. You will need to take these prescriptions to the pharmacy in the hospital to get your anti-rejection medicines.

Your GP will give you all your other medicines.

If you get certain benefits or have a medical exemption certificate, your medicines will be free. If you pay for your prescriptions, you can buy a prescription pre-payment certificate either online or through your local pharmacy. This may save you money on your medicines.

Is there a home delivery service?

Yes. The hospital can deliver your anti-rejection medicines to you. Most people choose to have their anti-rejection medicines delivered at home. But they can also be delivered to your place of work, to a neighbour or a relative's home. This service is free.

Or you can choose to collect your anti-rejection medicines from the pharmacy at Leicester's hospitals. You can arrange to collect them from any of our 3 sites.

Who can have home delivery?

Home delivery is available if:

- you take anti-rejection medicines to protect your kidney transplant, **and**
- you come to transplant clinic appointments in Leicester or at Kettering Dialysis Unit.

If you do not live in the Leicester area, you may prefer to see a doctor at your local kidney unit. In this case, you will get your anti-rejection medicines from clinic in Leicester until you are transferred. After you move, your new kidney unit will explain how to get your anti-rejection medicines.

How do I register for home delivery?

The Leicester Kidney Pharmacy Team will register you for home delivery of your anti-rejection medicines. They will speak to you face-to-face in the transplant clinic or on the phone. They will explain how home delivery works. They are happy to answer any questions you have.

If you are happy to join, you need to sign a simple form to agree to have your anti-rejection medicines delivered. If you register on the phone, with your permission, we can sign the form for you and post out a copy to you for your records.

The Kidney Pharmacy Team will only collect the information they need to order and deliver your medicines. All your information will be protected and handled confidentially.

How do I order my next supply?

The Kidney Pharmacy Team will prepare prescriptions for your anti-rejection medicines in advance. This is to make sure you have enough anti-rejection medicines until your next delivery.

Remember to always order your next prescription when you have at least a month supply of your anti-rejection medicines left. Getting your next supply in time is very important. If you miss doses you could make rejection of your kidney transplant more likely.

You can order your prescription by:

- **phone:** Kidney Pharmacy Team 0116 258 8177
- **email:** uhl-tr.kidneypharmacyteam@nhs.net

If you run out or only have a few days of your anti-rejection medicines left, the Kidney Pharmacy Team will help organise an urgent supply for you. You may need to collect your medicines from the pharmacy at the hospital.

How and when will my anti-rejection medicines be delivered?

When you order your next supply we will give you a date for delivery.

Our drivers from the Trust Med Pharmacy team will deliver to your chosen address during working hours from Monday to Friday.

If no one is available to sign for delivery, you will get a text with information about rearranging your delivery. Someone from the TrustMed delivery hub will call you to arrange this. You can also call them directly to arrange the delivery on a day that suits you. See the useful contacts below for the TrustMed delivery hub details.

What do I do if my delivery has not arrived?

If your anti-rejection medicines have not arrived by the agreed delivery date, call the Kidney Pharmacy Team. They will help track your delivery and make sure you have enough anti-rejection medicines to take.

Useful contacts

Kidney Pharmacy Team	0116 258 8177
TrustMed Delivery Hub	0750 705 8323
Hospital Pharmacy (TrustMed)	0116 258 4714
Transplant Clinic Co-ordinators	0116 258 8024

Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice
Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals.
To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہِ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

إذا كنت ترغب في الحصول على هذه المعلومات بلغةٍ أُخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો.

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net

We are a research hospital and you may be asked to take part in research

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