

Your appointment for lung function testing

Respiratory Physiology Unit

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Information for Patients

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What is a lung function test?

Your doctor has asked that you have a lung function test. You will do a number of fast and slow blows on a machine. The results of the test will help your doctor understand how well your lungs are working.

Why do I need it?

Lung function testing is done for a variety of reasons. It helps your doctor to understand why you may be having symptoms such as shortness of breath. It will also assess and check how well some treatments work. The information from these tests measure:

- The size of your lungs.
- If your airways are narrowing.
- How well the lungs move (transfer) oxygen into the bloodstream.
- How strong your breathing muscles are.

What will happen at my appointment?

You will be seen by a specialist in lung function testing:

1. You will have your height and weight measured.
2. We will ask you to sit down and ask you a few questions to make sure it is safe to do the test.
3. You will then be asked to do a number of fast and slow blows on a machine.
4. At the end of the test you can leave the department and continue your day as normal.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

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5. The report will be sent to your doctor.
6. The doctor will talk to you about the results at an outpatients clinic, by phone or by letter.

How long will the appointment take?

You will be in the department for 30 to 60 minutes.

Can I bring someone to the appointment with me?

- You can come to the appointment on your own.
- You may like to bring either a partner, relative or friend with you however we ask they remain in our waiting area whilst you are having your test.
- If you need your partner or relative to be with you during the test due to caring needs please let the person doing your test know.

Contact details

If you have any questions or concerns before your appointment or need an interpreter, please contact the department on **0116 258 3420**. You can also use this number to rebook or cancel your appointment.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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