

# Having a spinal anaesthetic at Melton Hospital

Department of Anaesthesia

Information for Patients

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## Introduction

For some operations you can choose a kind of anaesthetic called a spinal. This leaflet tells you about having a spinal anaesthetic at Melton Hospital.

## Choosing your anaesthetic

Your nurse at the pre-assessment clinic will tell you if your operation can be done with a spinal. You will be given a leaflet about having a spinal and a leaflet about having a general anaesthetic. Please take time to read them both and think about which anaesthetic is best for you.

If you have any questions the team at Melton Hospital will do their best to answer them.

You can

- ask your nurse in the pre-assessment clinic, or
- telephone the pre-assessment clinic on 01664 800148, or
- telephone the day surgery ward on 01664 854904

**If you would like a spinal, please telephone the pre-assessment clinic on 01664 800148 to tell the team.**

**Health information and support is available at [www.nhs.uk](http://www.nhs.uk)  
or call 111 for non-emergency medical advice**

Visit [www.leicestershospitals.nhs.uk](http://www.leicestershospitals.nhs.uk) for maps and information about visiting Leicester's Hospitals  
To give feedback about this information sheet, contact [InformationForPatients@uhl-tr.nhs.uk](mailto:InformationForPatients@uhl-tr.nhs.uk)



## Important things to know about spinals at Melton Hospital

- Some people are offered a spinal but they are not offered a general anaesthetic at Melton Hospital. Your nurse will talk to you about this at the pre-assessment clinic.
- If you choose a spinal, you may still need a general anaesthetic. This is explained in the leaflet 'Your Spinal Anaesthetic'. If you have any questions about this, please ask.
- If your anaesthetist cannot do the spinal when you come for your operation, we may arrange for you to have your operation on another day at Leicester's Hospitals. It is important that you understand this before you choose a spinal at Melton. If you have any questions about this, please ask.
- On the day of your operation you will meet your anaesthetist. They will talk to you about your choices. You can ask them any questions you have.

## After you go home

Spinals are not new, but they have only been a choice at Melton since 2023. If you have a spinal we would like to contact you 2 or 3 days after your operation. This is to ask you about your experience so that we can improve our service.

Please tell your nurse if you do not want to be contacted.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔  
على هذه المعلومات بلغةٍ أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل  
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।  
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

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