

Having a spinal anaesthetic at Melton Hospital

Department of Anaesthesia

Information for Patients

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Introduction

For some operations you can choose an anaesthetic called a spinal. This leaflet tells you about having a spinal anaesthetic at Melton Hospital.

Choosing your anaesthetic

Your nurse at the pre-assessment clinic will tell you if your operation can be done with a spinal. We will give you a leaflet about having a spinal and about having a general anaesthetic (being put to sleep). Please take time to read them both and think about which anaesthetic is best for you.

If you have any questions the team at Melton Hospital will do their best to answer them.

You can:

- ask your nurse in the pre-assessment clinic, or
- call the pre-assessment clinic on **0166 480 0148**, or
- call the day surgery ward on **0166 485 4904**

If you would like a spinal, please call the pre-assessment clinic on **0166 480 0148** to tell the team.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

Important things to know about spinals at Melton Hospital

- We sometimes offer some people a spinal and not a general anaesthetic. Your nurse will talk to you about this at the pre-assessment clinic.
- If you choose a spinal, you may still need a general anaesthetic. You can read about this in the leaflet 'Your Spinal Anaesthetic'. If you have any questions about this, please ask.
- Sometimes the anaesthetist cannot do the spinal when you come for your operation. We may arrange for you to have your operation on another day at Leicester's Hospitals. If you have any questions about this, please ask.
- On the day of your operation you will meet your anaesthetist. They will talk to you about your choices. You can ask them any questions you have.

After you go home

Spinals are not new, but they have only been a choice at Melton since 2023. If you have a spinal we would like to contact you 2 or 3 days after your operation. This is to ask you about your experience so that we can improve our service.

Please tell your nurse if you do not want to be contacted.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net