

How to provide a blood sample for a genetic test (adults & children)

LNR Genomic Medicine Service
Leicestershire, Northamptonshire and Rutland
Information for Patients

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Introduction

You/your child may have been asked to have a blood sample taken for the genetic test that was talked about during your consultation. We recommend patients visit their local NHS hospital phlebotomy (blood taking) clinic to have their sample taken. Please check your local hospital website for information about location, opening times and any special requirements, such as an appointment system.

Leicestershire:

- For **adults**, there are walk-in centres at Glenfield Hospital, Leicester Royal and Leicester General. All 3 sites are open Monday to Friday 8am to 5pm. Last patient will be accepted at 4.50pm.
- For **paediatric cases**, located in Paediatric Outpatients, Level 1 Windsor Building, Leicester Royal, you will need to call **0116 258 6922** to book in.

Northamptonshire:

- The blood taking unit (phlebotomy) is located in Area H at Northampton General Hospital. Visit this link for a map: <https://www.northamptongeneral.nhs.uk/Find-Your-Way-Around/Downloads/Hospital-Map-Updated-Jan-2019.pdf>
- **This service is appointment only** you can book online at: <https://www.swiftqueue.co.uk/northampton.php> or scan the QR Code:
- When booking, you will need to select "Special Requirement" for a genetics blood test.
- If you cannot book through the online facility, appointments for both paediatric and adult blood taking can be booked Monday to Friday between 8:30am and 4:30pm by calling **01604 544 190** or **01604 523 303**.
- The **adult** service: Monday to Friday, 8am to 4pm
Saturday, 8am, 12:30pm
- The **paediatric** service: Monday to Friday, 8am to 11:30am.



Kettering:

Blood taking services are available at these locations:

- Corby Nuffield Outpatients,
- Corby Broadleaf Diagnostic Centre,
- Isebrook Outpatients,
- Wellingborough,
- North Northants Council Office,
- Kettering and Nene Park Outpatients,
- Irthlingborough,

Please visit the link below to book online:

<https://www.kgh.nhs.uk/phlebotomy-department-blood-tests>

If you cannot attend one of your local NHS hospitals for the test, it may be possible to have it taken at your GP surgery. Please contact them before arranging an appointment. Genetic blood tests **do not** need to be booked on ICE.

Please take the form ("Rare Disease Genomic Test Order") with you when you attend.

Information for Clinicians: Sample Requirements

The form will indicate the type of bottle required. This is usually an EDTA tube (pink/red topped; routinely used for full blood counts).

Occasionally genetic tests require Lithium Heparin samples (green or orange topped). Lithium Heparin tubes are not routinely stocked in primary care. Please check the form carefully. Serum samples are not suitable.

- Bottles must be clearly labelled with the **patient's name, date of birth and NHS number**.
- The **form must be sent with the sample** to any laboratory stated at the bottom of the form.

Information on transportation of samples: <https://www.eastgenomics.nhs.uk/for-healthcare-professionals/genomic-tests/transport-of-samples/>

Health information and support is available at www.nhs.uk or call 111 for non-emergency medical advice. Visit www.uhleicester.nhs.uk for maps and information about visiting Leicester's Hospitals. To give feedback about this information sheet, contact uhl-tr.informationforpatientsmailbox@nhs.net

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ دوسرے زبان میں چاہتے ہو، تو 'ਵਿਰਪ' کر کے 'ਹੇਠ' ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।
إذا كنت ترغب في الحصول على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل
Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu
જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો.

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email uhl-tr.equalitymailbox@nhs.net

We are a research hospital and you may be asked to take part in research